

Mid-Atlantic Quilt Festival Workshop Catalog

Jennifer Amor

VA001 - Secrets of Stylish Sweatshirt Jackets

Half-Day Workshop - \$55

9 am - 12 pm, Thursday, March 4

You've seen them before: sweatshirt jackets that droop and sag and are anything but fashionable! Learn the secrets to making stylish sweatshirt jackets that not only fit, but they're also actually figure-flattering! Discover the tricks that will show you how to convert a humble sweatshirt into a lightweight jacket you can wear anywhere. This 3-hour class will cover: what type of sweatshirt works best, how to fit your figure, options for closures, and simple ways to decorate. Create the basic sweatshirt jacket in class, then decorate it at home using your own designs or select one of Jennifer's "Jiffy Jacket" patterns. Materials fee: \$4.00 payable to the instructor in class. Applique kits available for purchase in class.

Confident Beginner Level

Required class kit, \$4.00 payable to the instructor in class, includes the Jiffy Jacket pattern of student's choice (includes fitting pattern, applique designs and instructions for finishing the project at home). Optional fabric kits and buttons for decorating the jacket are also available to purchase in class, about \$30.

Students to Provide

Sweatshirt with SET-IN sleeves, one size larger than you usually wear;
Sewing machine with zigzag;
12"x12" fabric scrap for pressing cloth;
Thread to match the color of the sweatshirt;
Seam ripper, pins, scissors;
Tissue paper to trace pattern;
½ yd fusible web, ½ yd tearaway stabilizer;
Paper/pencil to sketch design ideas;
Scraps of large floral print fabrics or other fabrics suitable for cutting out designs for Applique, and thread to match or contrast with chosen fabrics.
Optional: applique pressing sheet or kitchen parchment paper.

Sewing Machine Required



Mid-Atlantic Quilt Festival Workshop Catalog

Jennifer Amor

VA002 - Playing Hopscotch: Jacket or Vest

Half-Day Workshop - \$55

9 am - 12 pm, Friday, March 5

Play Hopscotch on your favorite jacket or vest pattern (or even the top of a jumper). It's fun, fast, and really easy! Strip-piecing on a paper foundation using fat quarters make a color splash on the front, teamed with a plain back and jazzy sleeves. The perfect way to turn your stash of cotton or flannel prints into a unique garment you'll love to wear.

All Levels

Students to Provide

Sewing machine and accessories

Simple jacket, vest or jumper pattern, or use Jennifer's Pop Top Jacket *sizes XS-XXL)

Tissue pattern to trace pattern (if necessary)

2 yds freezer paper (or enough for garment fronts)

Fabrics:

7 fat quarters flannel or cotton (blue, green, pink, turquoise, yellow, purple, orange) OR 14 fat eighths (9" x 22"), 2 shades of each color.

1 yard black solid for Hopscotch grid (or 1/2 yard each black solid and black/white print)

3/4 yard black solid or print for sleeves

1 yard black solid for jacket/vest back

2 yards lining fabric (or see your pattern's requirements)

1/2 yard black/white cotton print for binding (optional)

Thin batting (optional)

Long flat-head pins

Buttons (optional)

Thread. Quilting thread (optional)

Shoulder pads (optional)

Black fine-tip marker pen

24" ruler, rotary cutter and mat

Supplies available to purchase in class: Hopscotch Jacket kit available in class or in booth; includes jacket pattern, all fabric except lining and buttons - \$69.50. Hopscotch pattern (jacket) available in class or in the booth, \$12.50.

Sewing Machine Required



Mid-Atlantic Quilt Festival Workshop Catalog

Greg Barner

VA003 - Split Kites

Half-Day Workshop - \$55

1 pm - 4 pm, Friday, March 5

Create a stunning, complex-looking block with easy half-square triangles and a kite template

All Levels

Required class kit, \$35 payable to the instructor in class, includes the fabric to complete the quilt top, pattern, and kite template.

Students to Provide

Sewing machine & accessories
Basic sewing supplies
Neutral thread for piecing
Rotary Cutter and Mat
Straight ruler for use with rotary cutter
Pins
Scissors
Seam Ripper
Marking Pencil

Sewing Machine Required



Mid-Atlantic Quilt Festival Workshop Catalog

Greg Barner

VA004 – The Orb Quilt

Half-Day Workshop - \$55

9 am - 12 pm, Saturday, March 6

Use fabric strips and a half-sixty template to create unique spiral blocks with a variety of finished looks.

All Levels

Required class kit, \$35 payable to the instructor in class, includes fabric to complete the quilt top, pattern, and template.

Students to Provide

Sewing Machine

Basic Sewing Supplies

Rotary Cutter and Mat

Straight ruler for use with rotary cutter

Pins

Scissors

Seam Ripper

Marking Pencil

Neutral thread for piecing

Sewing Machine Required



Mid-Atlantic Quilt Festival Workshop Catalog

Bobbie Bergquist

VA005 - Upcycled Mia Su

Kimono Jacket

Half-Day Workshop - \$50

1 pm - 4 pm, Friday, March 5

The **Mia Su Kimono Jacket** is a streamlined alternative to traditional wearable art techniques (like modifying sweatshirts), using a simple **5-piece layout** that bypasses fussy sizing adjustments and complex alterations.

Traditional Sweatshirt Jackets vs. The Mia Su Method

- **Sweatshirt Upcycling Drawbacks:** Required deconstructing women's sweatshirts, dealing with sizing distortion after adding embellishments, and precisely managing original seam allowances.
- **Mia Su Pattern Advantages:** Features a casual, flowing design with just 5 main pieces (fronts, back, and sleeves) that eliminate complicated cutting and fitting adjustments.
- **Versatile Style Options:** Easily adaptable for short jackets, long coats, woven fabrics, knits, or upcycled quilts without altering standard garment proportions.

Bobbie's modification for the Mia Su Kimono Jacket allows you to construct a jacket using **pre-quilted fabric or an upcycled quilt** by stitching the shoulder seams, setting the sleeves, and sewing a continuous line from the sleeve cuff to the hem.

Highlights of the Class Handout Adaptations

- Design Variations
- Fabric Flexibility
- Simplified Assembly

All Levels

Required class kit, \$15 payable to the instructor in class, includes Mia Su pattern & directions, and additional Up-Cycle instructions.

Students to Provide

Fabric requirements depend on short jacket or long coat & garment size. (S/M up to XXL).

- **For a Short Kimono Jacket (Sizes S to L):** A large **throw-size quilt** (roughly **50" x 65" up to 60" x 70"**) **without** running into pre-quilted edge constraints & condition of usable fabric.
- **For a Long Kimono Coat or Larger Sizes (XL / XXL):** A **Twin-Size quilt** (typically around **60" x 85"** or a minimum of **55" x 76"**) **Layout Considerations When Upcycling a Quilt**
- **Center Medallions:** If your quilt features a large central block (like a starburst or appliqué panel), place your **Jacket Back** pattern piece over it first, then puzzle the front panels and sleeve around it.



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CONTINUED: VA005 - UpCycled Mia Su Kimono Jacket

- **Seam Thickness & Borders:** Remember that pre-quilted layers are thick. You can often harvest the quilt's existing outer border binding strips to use as the finished edge trim for your kimono's front opening and cuffs. You should bring matching cotton fabric to finish/bind the coat when necessary.
- **The Condition is most important.** It is never wrong to bring fabric that exceeds these suggestions. You can always make placemats from leftovers.

General Yardage Guidelines

- Fabric Width Variations:
 - **44" / 45" Wide Wovens:** Typically require more yardage (ranging from **2.5 to 3.5+ yards** depending on size and whether you are making the short jacket or long coat version) because the pattern pieces may require careful placement or piecing.
 - **58" / 60" Wide Fabrics / Knits:** Generally, require less length (ranging from **2.0 to 3.0 yards**), as the extra width easily accommodates the back and front panels across the grain.
- Short Jacket vs. Long Coat:
 - **Short Jacket:** S/M sizes lean toward the lower end of yardage requirements, while XL and XXL require the full length of the body panels plus sleeve layout allowances.
 - **Long Coat / Duster:** Requires an additional **0.75 to 1.0 yard** of length compared to the short jacket across all size categories.

What to Bring

- Sewing machine (in good working order) with zigzag if possible
- Needle & thread - matching for top & bottom
- Pencil/chalk
- Scissors
- Ruler
- Straight pins
- Cutting mat & rotary cutter
- Iron & pressing mat
- Quilt or quilted yardage (See above requirements. I was able to get 2 XL coats from my king-size quilt.) **A lot depends on the condition.**
- Cotton fabric to bind the edges.
- Any trim or embellishments you want to add

For questions, contact Bobbie at 603-532-4844 or email joe@QuiltersTreasure.com

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Bobbie Bergquist

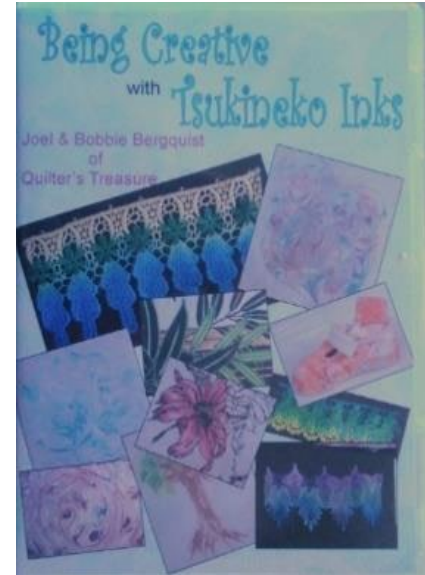
VA006 - Being Creative with Tsukineko Inks

Half-Day Workshop - \$50

9 am - 12 pm, Saturday, March 6

Highly hands-on, technique-rich workshop that teaches students how to use **Tsukineko Fabrico inks** to add shading, depth, and painterly effects to fabric. The class is approachable for beginners yet deep enough for experienced quilters and fiber artists who want to expand their surface design skills.

The workshop stands out because it blends **artistic play** with **practical instruction**, giving students both confidence and repeatable methods they can use in future projects.



What the Workshop Covers

- **Clear, step-by-step instruction** — Students learn how to control ink flow, blend colors, and create smooth shading without harsh edges.
- **Hands-on practice** — The class prioritizes doing, not just watching. Every student will leave with completed or nearly completed inked pieces.
- **Beginner-friendly approach** — Even those who have never used ink before will feel comfortable quickly.
- **Professional-quality results** — Tsukineko inks produce crisp, vibrant color that looks hand-painted but is easy to achieve with the right guidance.
- **Strong focus on techniques** — You learn how to avoid bleeding, how to layer color, and how to use the dual-tip pens effectively for appliqué artists; and the shading techniques elevate appliqué pieces, giving them dimension and realism.
- **Half-Day Class** — Focuses on foundational ink techniques, color blending, shading, and basic application. Perfect for beginners or those wanting a quick introduction. Returning quilters will expand their knowledge & techniques. This class is always expanding & growing. Students can experiment & develop new techniques.

Who It's For:

- Quilters who want more depth and realism in their appliqué
- Fiber artists exploring surface design
- Students who enjoy structured creativity
- Anyone intimidated by fabric painting but eager to learn
- Artists who want a portable, low-mess coloring medium
- There are always new ways for returning students
- Color theory handouts help beginners choose palettes more confidently

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA006 - Being Creative with Tsukineko Inks

This workshop is **engaging**, **accessible**, and **genuinely fun**, offering a rare combination of artistic freedom and practical technique. Students leave with new skills, confidence, and inspiration to incorporate Tsukineko inks into quilting, appliqué, and mixed media projects.

All Levels

Required class kit, \$47 payable to the instructor in class, includes USB video, various fabrics, 6 bottles of Tsukineko all-purpose liquid ink; (red, yellow, blue, green, white & black), ink mixing guide, worksheet & scraper, ink dropper, Fantastix point & bullet applicators, Color handout. Other ink colors can be purchased after class for \$4.95 for colors & \$5.49 for gold, silver, copper, & 4 pearlized inks. There are 45 liquid ink colors available.

- How to Marble your own fabric
- Instant Stained-Glass Coloring Directions
- How to add color to Leadline to match your fabric
- Coloring Directions
- Notes on Marbling with Jacquard Acrylic Paint

Students to Provide

- Wear old clothing.
- Bring latex gloves if you don't want to get ink on your hands. (Ink is water-based and cleans up with soap & water)
- 1 large zip-lock bag,
- trash bag,
- paper towels,
- toothpicks,
- can of shaving cream (lightly or non-scented if possible; Dollar Store works best),
- plastic coffee stirrer from a fast food restaurant,
- popsicle stick or similar tool,
- small paintbrushes, or any other tool you would like to experiment with.
- You may also bring additional specialty fabrics, shoes, or clothing to try.

Available for Use in Class:

Lace
Stamps
Silk screens
Stencils
Fabrico Pens
Aloe Vera

Sea Salt
Various sizes artist brushes
Various Tsukineko tools
Makeup sponges
Foam Brushes
Various black & white, tone on tone & specialty fabrics

Additional 39 Inks including:
Vegas Gold
Champagne Mist
Bright Copper
Platinum
Frost White
Rose Gold

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA006 - Being Creative with Tsukineko Inks

Also Available to Purchase

Other liquid ink colors can be purchased **in class for \$4.95 for colors and \$5.49** for Vegas Gold, Platinum, Rose Gold, Bright Copper, Champagne Mist, and Frost White.

Full kits of the remaining 39 liquid ink colors can be ordered before class at the show's special price of \$171.00.

Please email joe@quilterstreasure.com requesting these ink kits. These will not be available in class unless ordered in advance.

Fabrico Pens \$3.85 each. Special of 35 Colors pens with fine tip and brush tip, Retail \$134.75, **special \$121.30**

Please email joe@quilterstreasure.com requesting these ink kits. These will not be available in class unless ordered in advance.

Visit the website or email Joe@quilterstreasure.com for additional information about this workshop.

Mid-Atlantic Quilt Festival Workshop Catalog

Ruth Ann Berry

VA007 - Huckleberry 3D Quilt

Half-Day Workshop - \$55

9 am - 12 pm, Thursday, March 4

Create the illusion of 3D with color, value, and contrast using measured strips cut at 60° angles and assembled in vertical rows. Learn how to use an exciting new template to achieve the “wow” effect of 3D faster than ever before, without needing to cut and piece all triangles. Master the tips and tricks for maintaining straight columns and matching one column to the next. Build confidence in a whole new technique that’s transferable to any project designed on a 60° grid.

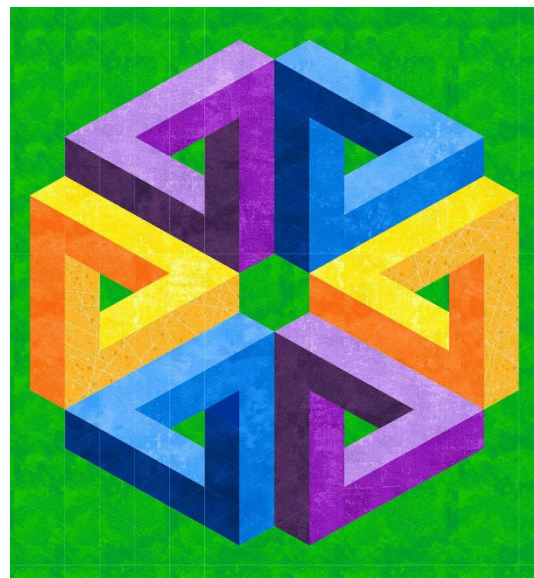
Intermediate Level

Required class kit, \$35 payable to the instructor in class, includes fabric to complete the quilt top, pattern, and specialty template.

Students to Provide

Sewing machine,
60° Triangle Ruler, blunt point preferred (available to purchase in class, \$10),
Basic sewing supplies,
Neutral thread for piecing,
Scissors,
Pins,
Seam ripper,
Rotary cutter with mat (at least 12" x 18"),
Marking pencil

Sewing Machine Required



Mid-Atlantic Quilt Festival Workshop Catalog

Ruth Ann Berry

VA008 - Big Block Bargello

Half-Day Workshop - \$55

9 am - 12 pm, Friday, March 5

Create the illusion of curves, motion, and depth with strip piecing and straight seams. Discover the easy process that produces complex-looking results. Sew strip sets, then slice up the sets in different widths to construct vertical rows. Build four identical 20" x 20" Bargello blocks, then audition a variety of layouts to customize the final look.

Intermediate Level

Required class kit, \$35 payable to the instructor in class, includes fabric to complete the quilt top, pattern.

Students to Provide

Sewing Machine

Basic sewing supplies

Rotary Cutter and Mat (at least 12" x 18" size)

Pins

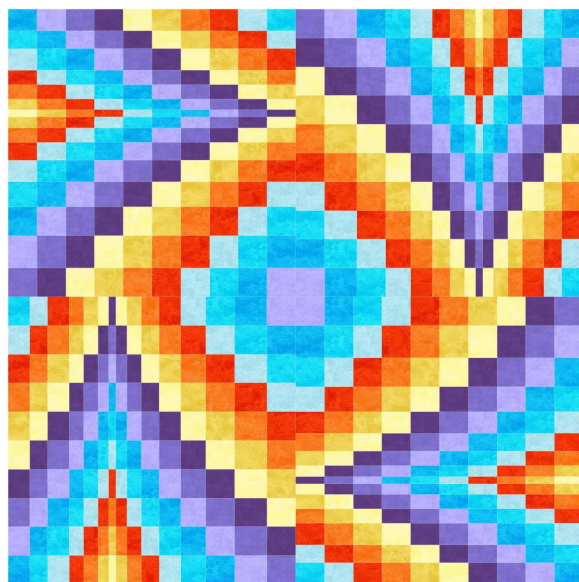
Scissors

Seam Ripper

Marking Pencil

Neutral thread for piecing

Sewing Machine Required



Mid-Atlantic Quilt Festival Workshop Catalog

Meryl Ann Butler

VA009 - Color, Value & Your Lyn' Eyes: Why Values Matter Most, Colors Morph & Fabrics Fool Ya

Full-Day Workshop - \$110

9 am - 4 pm, Saturday, March 6

Ever wonder why colors look different after your fabrics are all stitched together? Have fun training your eyes to really see color and value through hands-on exercises with paint, paper, and fabric, and be inspired by a short but mind-expanding trunk show. Learn why those pesky colors can fool your eyes and discover secrets of color and value rarely taught in quilting. Meryl Ann guarantees you'll actually see differently after this workshop. Warning: Your stash will never look the same!

All Levels

Required class kit, \$33 payable to the instructor in class, includes a 30-page workbook with instructions, worksheets, charts, and templates; fabrics, paints, brushes (2 each), plastic cups for paints, palettes for mixing (2 each), e-VALU-ator tool, pint water containers, paper towels, 3 x 5 cards, card stock strips, glue stick and Ziploc bags, plus use of various classroom supplies including paper scissors, fabric scissors and fabric markers.

Students to Provide

OPTIONAL:

Casual clothes or cover-up suitable for painting and gluing.

Scissors for both paper and fabric (these will be provided to share or you may prefer to bring your own).

Fabric markers (these will be provided to share; you may wish to bring a favorite Micron pen or fine Sharpie marker)

You are invited to bring questions and finished/unfinished/planned projects for color and value advice.

You will be creating your own color reference book: a three-ring binder and plastic sleeves will be useful though not required in class.

Students who have previously created color wheels or value charts are encouraged to bring them and may discuss with instructor options to work on more advanced versions of each project, suited to their experience level.



Mid-Atlantic Quilt Festival Workshop Catalog

Carol W Clanton

VA010 - Roses All Tied Up!

Half-Day Workshop - \$55

9 am - 12 pm, Friday, March 5

Have fun creating your own colorful bouquet of flowers as you learn to make these fancy Ruched Roses. You can choose to use one fabric for all three roses or add variation by using two different fabrics for the center and for the petals. You will gain confidence in the Needleturn Technique as you use freezer paper to stitch smoothly around your leaves and bow to tie up your bouquet. All sewing is done by hand.

All Levels

Required class kit, \$10 payable to the instructor in class, includes the workshop pattern and worksheet.



[Click here](#) to download Carol's supply list.

Students to Provide

BEFORE CLASS, cut the following:

- 13 ½" square of background fabric (the square will be a finished 12 ½" block)
- Strip of fabric, 1 ½" x 26" center of Ruched Rose
- Strip of fabric, 1 ½" x Width of Fabric for outside petals of Ruched Roses
- One ¾" x 30" bias strip for stems

Hint: If you want to use the same green fabric for the leaves, 2 bias strips cut diagonally across a 9 ½" fabric square will give you enough fabric to cut the bias strips as well as to cut out the leaves

Fabric: All fabric should be 100% cotton. Lighter weight 100% cotton fabric works best for gathering the strips of fabric for the Rose construction. Choose various shades of green, if you like, for leaves or use the 9 ½" fabric square as suggested above.

Thread: Hand Quilting Weight Thread recommended for flower construction. Polyester thread can be used if necessary. Color should match or closely match your flower. **NO RAYON thread for flowers.**

50 wt. cotton thread for stitching the appliqués. Match the thread to the appliqués, not the background. If you cannot find the color you need in cotton, polyester-covered cotton will work. Aurifil #80 cotton works well also.

Needles: Your favorite needle to use with the quilting thread. For the actual applique, a long, slim needle size 10 to 12 in a sharp or milliner needle is good. If you have a favorite applique needle, feel free to use that.

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CONTINUED: VA010 – Roses All Tied Up!

Other supplies:

Small ruler (no bigger than 12 inches),

Applique pins,

Embroidery scissors, and small paper scissors,

Fabric marker/pencil of your choice for pattern and marking fabric,

Freezer paper,

Toothpick and three quilt binding clips,

Light box (optional),

Any other sewing supplies that make you happy.

Mid-Atlantic Quilt Festival Workshop Catalog

Rachel D.K. Clark

VA011 - Fast Piecing with a Seminole Twist

Full-Day Workshop - \$90

9 am - 4 pm, Thursday, March 4

Explore the beauty of bold, linear design in this workshop. You will learn how to create striking strip-pieced bands inspired by traditional Seminole piecing. I will introduce you to techniques designed for both today's quilters and wearable artists, combining speed with precision to create bands for quilts and garments. Whether you are new to Seminole piecing or seeking to modernize your approach, this technique provides creative freedom and dramatic results for your projects.

All Levels

[Click here](#) to download Rachel's detailed supply list.



Students to Provide

- Sewing machine & accessories
- Fabric in a variety of prints and solids (both contrasting and matching fabrics) in ¼ yard to ½ yard pieces
- You will need at least four to five colors
- Extension cord
- Iron
- Basic sewing kit
- Pens and pencils
- Note pad
- Rotary cutter and board
- Omnigrid or Quilter's ruler
- Sense of adventure and Humor

Note: PRESHRINK YOUR FABRIC!

I will be sending out a cutting chart for pre-class prep.

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Susan Cleveland

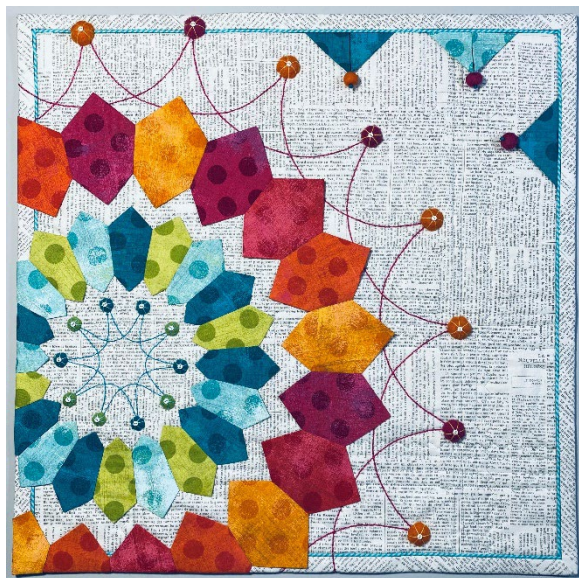
VA012 - Party Time Dresden

Full-Day Workshop - \$150

9 am - 4 pm, Thursday, March 4

Double-pointed Dresdens wrapped over the quilt's edge puts a new spin on this long-time favorite! Learn Susan's tips for turning wedge points and for using a foundation sew & flip technique to assemble perfectly flat rings. Demos for quilting and embellishing at home add greatly to the charm of this modern and dynamic Dresden quilt! (19" square).

All Levels



Required class kit, \$2 payable to the instructor in class, includes a starched, pre-printed foundation.

[Click here](#) to download Susan's detailed supply list, including the supplies needed to finish at home.

Students to Provide

- KIT Pre-printed foundation fabric to be purchased in class for \$2
- Dynamic Dresdens book by Susan K Cleveland (may be purchased in class for \$24). This design is based on the Ripples pattern in the book. (optional)
- Dresden fabrics: large ring: (4) 4.5" x 14" strips; small ring: (3) 3.5" x 14" strips, OR longer strips of fewer fabrics ... Results are best working with lightly starched fabrics.
- 50-60wt cotton thread to coordinate with Dresdens
- 18° wedge ruler OR template plastic - Dynamic Dresdens 18° wedge ruler may be purchased in class for \$14 or non-slip for \$26
- Prairie Pointer tool to turn Dresden points - optional, may be purchased in class for \$24
- Pins
- Small scissors or thread trimmers
- Rotary cutting equipment (cutter, mat, ruler...at least 14")

Sewing machine etc.:

- Sewing machine, bobbins, bed extension (if you have one), sewing machine manual. A machine with adjustable needle positions is very desirable.
- Zig-zag needle plate for your machine (not single hole)
- Open-toe foot for machine (For Bernina, the open-toe foot is #20 or #20D.)
- 70/10 or 80/12 microtex, jeans/denim, sharps, or universal machine needle

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Susan Cleveland

VA013 - Precision & Panache Demo/Lecture Class

Half-Day Demo/Lecture - \$35

9 am - 12 pm, Friday, March 5

Via live (and lively) projected demos, learn to add eye-catching details to quilts and increase accuracy — precision piecing, decorative threads (for quilting and applique), piping in seams, fancy prairie points, embellishing, skinny borders, and helpful tools. Lots of quilts will be displayed showcasing these fantastic techniques.

All Levels

Students to Provide

Pen & paper for taking notes



Mid-Atlantic Quilt Festival Workshop Catalog

Susan Cleveland

VA014 - Simple Quilting with Style:

Alternatives to Free-motion Quilting

Half-Day Demo/Lecture - \$35

1 pm - 4 pm, Friday, March 5

With lively projected demos, you'll learn to prepare a quilt top for a successful finish; discover secrets of ditch quilting; learn when and how to mark or not mark a quilt; study stitching with heavy threads; get excited about big stitch hand quilting, bobbin quilting, and couched quilting. These skills empower those whose free-motion skills are less than stellar but may be combined with free-motion quilting as well. Quilt your quilts with style and techniques you enjoy the most!

All Levels

Students to Provide

Paper and pen



Mid-Atlantic Quilt Festival Workshop Catalog

Susan Cleveland

VA015 - Piping Hot Binding

Full-Day Workshop - \$150

9 am - 4 pm, Saturday, March 6

Piped bindings add spark and a professional finish to any style piece. Every detail of binding with tiny, perfect piping will be covered.

Students work on a practice piece to achieve perfect piping, preparing the quilt, applying piping, applying binding, mitering corners, joining tails, and finishing for a show-quality back. Lots of variations will be on display and discussed. Your bindings will be dazzling, dah-ling!

All Levels



Optional kit available, \$24 payable to the instructor in class. Piping Hot Binding kit includes a booklet, Groovin' Piping Trimming Tool, and 5 yds of cording. It does NOT contain fabric.

[Click here](#) to download Susan's detailed supply list.

Students to Provide

Fabric/Thread Requirements:

- 13" x 13" fabric for quilt top, may be a cheater block ... Please starch and press before class.
- 14" x 14" fabric for backing ... Please starch and press before class.
- 14" x 14" thin cotton batting
- 1 1/4" (1.25") bias strips adding up to at least 70" for piping ... High contrast to quilt top and binding ...

If cutting bias is new to you, wait for class. Please cut from lightly starched fabric.

- 2 1/2" (2.5") straight-of-grain strips adding up to at least 70" for binding ... Please cut from lightly starched fabric.... May be same as quilt top. NOTE: There's no need to splice piping or binding strips before class.
- Cording for piping will be provided free of charge
- Thread to coordinate with piping fabric but with a little contrast so it can be seen on piping fabric.
- Thread to coordinate with binding fabric.
- 2 filled bobbins of different thread. One should contrast with quilt backing. (not needed if machines are supplied)

Supplies/tools:

- Piping Hot Binding kit is an optional purchase available in class for \$24. Piping Hot Binding kit includes a booklet, Groovin' Piping Trimming Tool, and 5 yds cording. It does NOT contain fabric.

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CONTINUED: VA015 – Piping Hot Binding

- Sewing machine, fresh needle, bobbin, bed extension (if you have one), sewing machine manual. A machine with adjustable needle positions is desirable.
- Slotted needle plate for your machine (not a single-hole needle plate). If you have no idea what this is, you're probably OK.
- Walking (or even-feed) foot if you have one
- Foot with a small groove or grooves in the bottom from toe to heel (highly recommended) for making piping OR zipper foot. These are some that might work: mini piping foot, pearl/bead foot-2mm, pintuck foot, corded buttonhole foot, satin stitch applique foot. Pfaff: narrow piping foot, Bernina: foot #23 or #3, Viking: foot C or mini piping foot, Janome: small beading foot, Baby Lock: mini piping foot, Elna: pearl/bead foot-2mm. Please choose a foot specific for your machine.
- Rotary cutting mat...at least 18" and cutter (may be shared)
- 6" ruler or other small ruler
- Small scissors
- Pins
- Seam ripper, stiletto (optional)
- Post-it note pad (about 10 sheets of any size as a guide on the machine)
- Masking or painter's tape (any width)
- Pencil or marker to show up on quilt top (does not need to be removable)
- Pencil for note taking
- Bag for scraps/threads
- Extension cord

Note: Students may wish to quilt layers before class, but quilting is not required. This is a sample piece, not a masterpiece! On a real project, the quilt would be quilted before applying piping/binding, but it's OK to skip this for class. Simple is fine. Don't square up the piece or trim away extra batting and backing before class, please.

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Vickie Clontz

VA016 - Needle-felt Dragon

Half-Day Workshop - \$55

1 pm - 4 pm, Thursday, March 4

Needle-felt a sweet little dragon to keep you company as you sew - he can even be used as a pincushion! We'll start with a pre-felted wool base and add the extra features: head, neck, wings, and spiky tail. Each student's dragon will have its own unique personality. A great project for both the confident beginner and the more experienced felter.

All Levels



Required class kit, \$15 payable to the instructor in class, includes all wool fibers, pre-felted wool core base for body, 2 black beads for eyes, pattern and instructions. Also available in class: Single felting needle (\$2.75), 3-needle felting tool (\$17.00), 2 leather finger-guards (\$8.00), 2" foam pad for needle-felting (\$5.00), refill felting needles for multi-needle felting tool (\$10.75). Please email Vickie before class if you need supplies to be sure I have enough extra supplies at annieskeepsakes@carolina.rr.com.

Students to Provide

Students should bring at least 1 (or more) single felting needle size 36 or 38,
A multi-needle felting tool (I like the 3-needle pink pen by Clover),
2" thick sturdy foam pad for needle-felting at least 7" square,
Long thin needle and black thread to sew on bead eyes,
A few pins,
Paper scissors;
Optional: finger guards for needle-felting, band-aids in case you poke yourself.

Mid-Atlantic Quilt Festival Workshop Catalog

Susan Edmonson

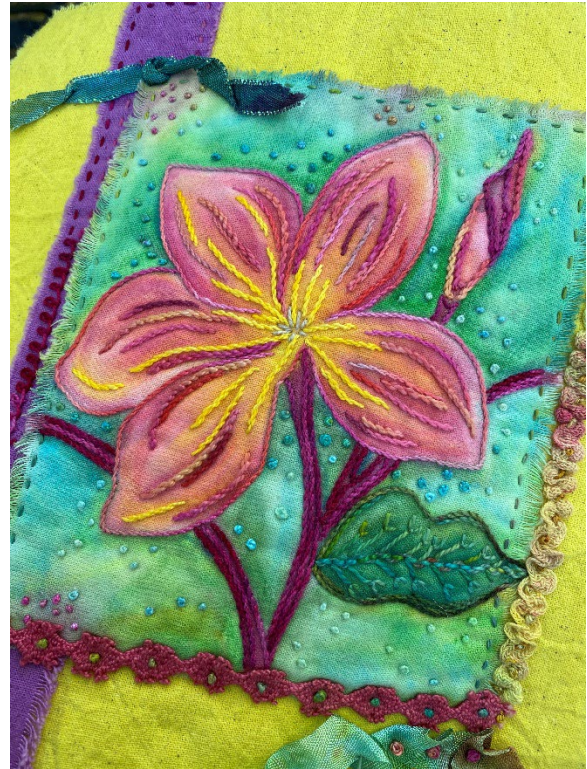
VA017 - Exotic Doodle Blooms

(Fabric Book)

Full-Day Workshop - \$85

9 am - 4 pm, Thursday, March 4

If you have ever been to a tropical island and loved all the beautiful exotic flowers, well, now you can paint them on fabric to create a small fabric book! Don't worry about drawing; the pattern will have all the flowers for you to trace and then paint using Wax Pastels or Inktense Pencils. They are both easy to work with and fun. After they are painted, we'll embellish using hand-dyed pearl cotton threads for hand embroidery. You will learn many stitches to embellish each page of your book. These can also be framed as individual pieces of art. Susan will have the pencils and wax pastels to use during class.



All Levels

Required class kit, \$35 payable to the instructor in class, includes Exotic Doodle Blooms Pattern, 2 Background fabrics, Needles (2 for Embroidery), 3 PDF Fabrics, Silver Artist Pencil, Rayon Ribbon, Use of Caran D'ache Neo Color II Wax Pastels or Inktense Pencils, Textile Medium, Fusible Batting for several pages.

Students to Provide

- Pearl Cotton Embroidery Threads (#12, #8, #5, #3). Hand-dyed Threads will be available to purchase during class from the instructor (\$5.50-\$9.50)
- Embroidery Scissors & Pins
- Small pieces of Lace, trims and old buttons
- Sue Spargo's Creative Stitch Book (available for pre-order from instructor)
- 7" x 8" Ripped (not cut) Pieces for collage and extra backgrounds (2-3 is plenty for class)
- Battery-powered Ott Light (optional, but **no** electric lights)
- Caran D'ache Neo Color II Wax Pastels or Intense Pencils (if you want your own set) OR Inktense Pencils & Clear Aloe Vera Gel for the pencils. Let Susan know if you want to purchase wax pastels in class.
- Small, short, stiff scrubber-type brushes (if you want your own)
- Other hand-dyed fabrics, laces and trims will be available for purchase during class.

Mid-Atlantic Quilt Festival Workshop Catalog

Susan Edmonson

VA018 - With These Hands

Full-Day Workshop - \$85
9 am - 4 pm,
Friday, March 5

Hands are a very important part of our creative lives! I've always been so amazed by what people make with their hands. So we will trace our hands or a child's hands so we can embroider lots

of creative stitches. We can also stitch words that are important to us. We will be stitching 3-D Stumpwork stitches to give it more dimension. Beads and charms can also be added.

All Levels

Required class kit, \$35 payable to the instructor in class, includes Pattern for "With These Hands", Fabric for Hands (Cherrywood), Needles (2), Fusible, Rayon Ribbon, Velvet for Flower, Fusible Batting.

Students to Provide

Two background fabrics (I used Kaffe fabrics)

Pearl Cotton Embroidery Threads (sizes #12, #8, #5, #3). Hand-Dyed threads will be available to purchase in class.

Sue Spargo's Creative Stitch Book (available to purchase in class).

Small Embroidery Scissors and Paper Scissors.

Battery-operated light (optional).

Pencil and 8 1/2" x 11" Paper.



Mid-Atlantic Quilt Festival Workshop Catalog

Paula Golden

VA019 - Bargello Boogie

Full-Day Workshop - \$95

9 am - 4 pm, Thursday, March 4

Create a breathtaking Bargello quilt inspired by the elegant beauty of the needlepoint Flame Stitch pattern. You'll discover how to make your design shimmer with movement as you explore the power of color, value, blending, and contrast through thoughtful fabric selection. Step-by-step demonstrations will cover accurate rotary cutting, precise ¼-inch stitching, pressing techniques, quilting designs, and beautiful finishing options, giving you the confidence to achieve stunning results. From design and fabric selection to construction, every step is clearly explained and demonstrated, making this an inspiring class for quilters ready to take their skills to the next level.



Confident Beginner - Intermediate - Advanced Levels

[Click here](#) to download Paula's supply list.

Students to Provide

- Sewing Machine in good working order, manual, pedal, and all cords
- ¼" foot, mandatory
- Rotary cutter, ruler (6" x 24") and mat
- Basic sewing kit to include 100% cotton sewing thread that blends with selected fabrics.
- Fabric. For ~ 18" x 24" wall quilt you will need two (2) – 2 1/2" x WOF strips of EACH fabric. Fabric may be cut beforehand but bring the yardage with you.
 1. Select one large-scale multi-color print. Label it "A"
 2. From the colors in fabric "A," pick your favorite color and bring a light, a medium, and a dark value of that color.
 3. Select another large-scale multi-color print. Label it "B"
 4. From the colors in fabric "B," pick your favorite color and bring a light, medium, and dark value of that color
 5. Choose a third color that is in both Fabric "A" and Fabric "B" and bring a light, medium, and dark value of that color. Another option is to introduce a completely different third color in light, medium, and dark.
 6. And as always, bring some extra fabrics (1/4-yard pieces) to play with.

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Paula Golden

VA020 - Binding Basics

Full-Day Workshop - \$95

9 am - 4 pm, Friday, March 5

Take the mystery out of quilt binding and finish every quilt with confidence! Whether you love elegant, scalloped edges, graceful curves, crisp straight borders, or flawless 90° corners, you'll learn the techniques to achieve beautiful, professional-looking results every time. Discover a variety of binding methods and finishing options so you can choose the perfect one for each quilt. As a bonus, you'll master the secret to joining binding ends with an almost invisible seam for a polished finish. Through hands-on practice, you'll create samples of every technique and assemble your own "Binder of Bindings" - a handy reference you'll reach for again and again. Ideal for beginning quilters and filled with time-saving tips and refinements that even experienced quilters will appreciate.



All Levels

Required class kit, \$20 payable to the instructor in class, includes all pre-cut strips for the different binding types and flange, "three-layer quilt sandwiches."

Students to Provide

Sewing machine: even feed/walking foot MANDATORY and 1/4" foot!!! Manual, pedal, and all cords.

Cotton sewing thread

Basic Sewing kit, [click here](#) to download details.

Rotary rulers: 2.5" x 2.5" OR 4" x 4" with 45 degree line on it.

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Julia Graves

VA021 - Intro to Free-Motion Quilting

Half-Day Workshop - \$65

9 am - 12 pm, Friday, March 5

Take the fear out of free-motion quilting and learn how easy it can be to quilt your own quilts. This class is for beginners or those who need a refresher on the basics. Includes: setting up the machine, preparing the quilt, the "how-to" of the quilting, lots of designs and practice, how to deal with a large quilt, and how to overcome common problems. Detailed handout. While geared for quilting on a home machine, the "how-to" and designs are definitely applicable to longarmers.

All Levels



[Click here to download Julia's detailed supply list.](#)

Students to Provide

- Sewing machine & accessories. IMPORTANT: machine needs to be prepared for free motion quilting - quilting foot and feed dogs down.
- 2 to 3 small quilt sandwiches (12"x12" to 14"x18" muslin or plain fabric on top, any cotton fabric on back with batting). Could be any size that easily fits on the sewing machine.
- Machine quilting thread that contrasts to fabric top
- Bobbin thread to contrast with top thread and backing fabric (in order to best see your tension). Thinner thread in the bobbin works well.
- A couple of sheets of plain paper and a pencil or pen
- Basic sewing supplies
- Optional – machine quilting gloves

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Julia Graves

VA022 - Custom Quilting for Everyone

Half-Day Workshop - \$65
1 pm - 4 pm, Friday, March 5

Custom quilting follows the piecing but doesn't have to be hard or take a long time! Take your quilting up a notch and learn how to select and quickly stitch custom designs for your blocks, sashing, and borders that will bring out the beauty of your quilt top. Handout provided. While class will be on a home machine, this class is definitely suitable for longarmers.

All Levels



[Click here to download Julia's detailed supply list.](#)

Students to Provide

- Sewing machine & accessories - machine needs to be prepared for free motion quilting - quilting foot and feed dogs down
- 2 to 3 small quilt sandwiches (12" x 12" to 14" x 18" muslin or plain fabric on top, any cotton fabric on back with batting). Could be any size that easily fits on the sewing machine.
- Machine quilting thread that contrasts to fabric top; bobbin thread to contrast with top thread and backing fabric (in order to best see your tension). Thinner thread in the bobbin works well.
- A couple of sheets of plain paper and pencil or pen
- Basic sewing supplies
- Optional – machine quilting gloves, supreme slider, or any other notion(s) you have to help you do free-motion

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Julia Graves

VA023 - Shimmering Triangles

Full-Day Workshop - \$110

9 am - 4 pm, Saturday, March 6

This gorgeous quilt gives the effect of water rippling in a stream. It is the perfect pattern to showcase beautiful fabric, especially large-scale prints, but this pattern works with many different styles of fabric. You will learn a lot about color and value in order to create the shimmer. Includes optional instructor review of fabric choices before class to ensure your selections will work.

All Levels

[Click here](#) to download Julia's detailed supply list.



Students to Provide

Sewing machine & accessories

32 Fat Quarters for a sofa throw (48"x64"); 61 FQ for 80"x80"

Rotary cutter and mat, longer ruler (recommend 24")

Square ruler—6" or 6 1/2" small square ruler with a diagonal line from point to point

Optional half square triangle ruler if this is your preferred method

Optional—large square ruler—9" or larger

Mechanical pencil

Thread—neutral color such as beige or grey

Basic sewing supplies—straight pins, seam ripper, thread snips, etc.

Optional small iron and ironing pad

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Linda J Hahn

VA024 - Feelin' Crabby

Full-Day Workshop - \$100

9 am - 4 pm, Thursday, March 4

Get crabs from Linda Hahn! Learn Linda's unique technique for creating perfect New York Beauty blocks on your first attempt using just ONE pin as you make this adorable beach-themed design. Throughout the class, Linda demonstrates how to make an optional miniature kit using the scraps and cutaways of the main project. So it's a twofer too!!

All Levels

Required class kit, \$30 payable to the instructor in class (cash preferred), includes color handout, reusable foundation piecing stencil, custom acrylic templates, and foundation paper that stays in the quilt.

[Click here](#) to download Linda's supply list.



Students to Provide

Sewing machine & accessories

1/4" foot - **NO** flange or seam guide

Thread—neutral color for piecing—wind bobbin in this color

Rotary cutter (45mm), personal mat to fit at least 8" block

9 1/2" square ruler—I use Omnigrid 9 1/2" square

Small baggie for cutaways

Pigma brush tip pen (Grey or Black) - I will have some in class for optional purchase

Scissors

Straight Pins

Your fabrics—pre-cut as per the instructions in Linda's supply list - [click here to download](#).

Questions - email Linda at Lawnquilt@aol.com

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Linda J Hahn

VA025 - Color Fusion

Full-Day Workshop - \$100

9 am - 4 pm, Friday, March 5

Foundation Paper Piecing (aka Paper Piecing) allows for greater accuracy in piecing small or complex shapes and irregular angles. The paper acts as a stabilizer; thus, the fabric is less likely to stretch or distort. There is also no need for precise cutting or pinning. Color Fusion project is certainly complex-LOOKING; however, once broken down into easy, manageable components (with only two seams to stitch per component), it can be assembled quite quickly and easily.

All Levels

Required class kit, \$35 payable to the instructor in class (cash preferred), includes full color handout, reusable foundation piecing stencils, foundation paper for the entire quilt.

[Click here](#) to download Linda's supply list including detailed fabric requirements and cutting instructions.

Students to Provide

Machine with a new needle (don't forget the cord and foot pedal)

1/4" foot on your machine (or know how to move your needle to set a 1/4" seam)

Neutral color thread on top and in bobbin

Scissors - paper and fabric

Rotary cutting supplies - personal size mat, cutter with a new blade

Small square ruler - I use an Omnigrid 9-1/2" square (available in class, \$25)

Straight pins

Small bag for garbage to tape to table & scotch tape

Marking tool to transfer foundation stencil onto vellum (Pigma Pen, Thin Sharpie - available in class, \$4)

Batting 60" x 60" (Throw) to pin your completed pieces onto as you complete them

Spray starch if you are able to bring it

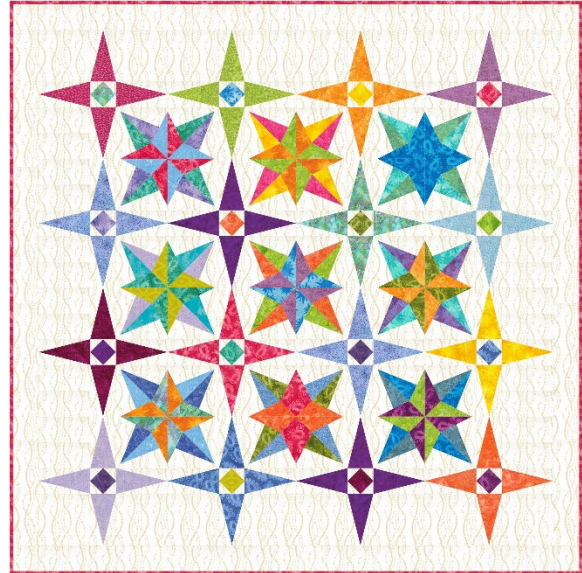
Fabric Requirements

Please have fabrics pre-cut and labelled per cutting chart in Linda's supply list - [click here to download](#). Starching is recommended but not required.

Linda will also have 10" square packs - \$50, available to purchase in class.

QUESTIONS: Please email Linda at Lawnquilt@aol.com

Sewing Machine Required



Mid-Atlantic Quilt Festival Workshop Catalog

Linda J Hahn

VA026 - Beauty on the Beach

Full-Day Workshop - \$100

9 am - 4 pm, Saturday, March 6

Learn Linda's unique technique for creating perfect New York Beauty blocks on the first attempt using just ONE pin as you create this exciting wall hanging. There are NO set-in seams either! As you proceed through the class, Linda demonstrates how to make an optional miniature quilt using the scraps and cutaways of the main project. This is not available in any book or pattern - it is a workshop exclusive!! It looks fabulous in any fabric combination from batiks to holiday prints to traditional cottons.



All Levels

Required class kit, \$35 payable to the instructor in class (cash preferred), includes full color handout to complete the quilt, reusable foundation piecing stencil, custom acrylic templates, and foundation paper that stays in the quilt.

[Click here](#) to download Linda's detailed Beauty on the Beach supply list.

Students to Provide

Sewing machine & accessories including extension cord, new needle, wind bobbin in a neutral color thread, and bring a neutral color top thread. Please have a 1/4" foot on the machine that does NOT have a seam guide or flange on the foot.

Rotary cutter (sharp blade) and small mat

Square ruler (I use 9-1/2" by Omnigrid or Creative Grids, available in class \$25)

Scissors, a few straight pins, baggie for scraps

Pigma brush tip pen (I will have some in class \$4)

Fabrics pre-cut and bagged by size (I do recommend starching before cutting, but it's a personal choice)

Note: We will not get to the borders in class, so it is not necessary to cut or bring them with you.

The sample quilt was made using fabrics from my newest collection from Banyan Batiks—Island Vibes II. I have included the SKU and collection information for the fabrics I used.

You are most welcome to choose your own fabrics.

Throughout the class, Linda will demonstrate how to make an optional miniature quilt from the scraps and cutaways of the main project. You may wish to purchase a little extra of each fabric.

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA026 – Beauty on the Beach

[Click here to download the fabric requirements and pre-class cutting instructions for Beauty on the Beach.](#)

QUESTIONS? Please email me at Lawnquilt@aol.com

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

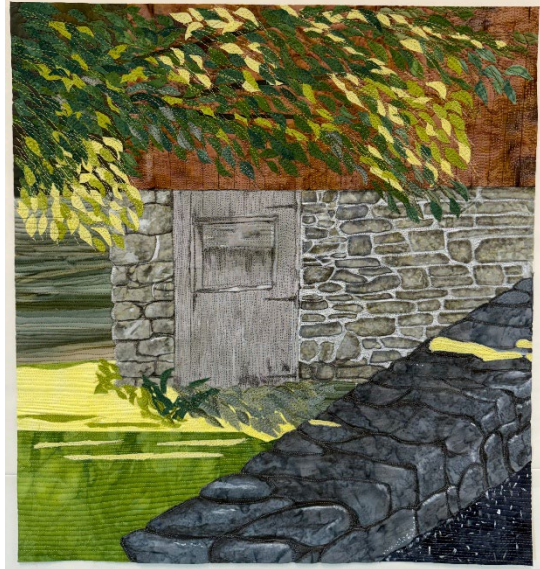
Nancy Hershberger

VA027 - The Art of the Landscape

Full-Day Workshop - \$110

9 am - 4 pm, Thursday, March 4

In this workshop, students study the details in a landscape image to figure out how to interpret using only fabric, fusible web, and Tsukineko Inks. Fabric does all the heavy lifting to create the illusion of water, rock, and foliage, while inks enhance the look. Nancy shares how to use these tools in a fun and upbeat class, showing the student how easy it is to create something that only looks hard.



Students will work from the same image, which will be made available to students prior to class.

All Levels

[Click here](#) to download Nancy's workshop supply list.

Students to Provide

1. Silk batting or 80/20 cotton low loft batting, fat quarter size or slightly larger. No high loft Poly.
2. Gray or Silver Sharpie
3. Black Sharpie, fine point
4. Fabric Scissors and rotary cutter
5. Cutting mat
6. Ruler 6"x 24" and/or 4" x 14"
7. Tsukineko Inks – 1 bottle #82 Real Black*, 1 bottle #80 White*. No alcohol inks.
8. 2 Fantastix applicators* (brush tip – the pointy one).
9. Fabrics that resemble colors in your inspiration images. Each of your fabrics should be no smaller than fat eighth size. Do not bring scraps.
10. MistyFuse*. **If you can, please apply to your fabrics prior to class.** MistyFuse is the best product I have found for this technique. If you have never used it, please do not wait until class to try it. A 3-yard package will be plenty.
11. Pressing mat (fat quarter size or larger)
12. Iron and iron cleaner
13. Applique Pressing Sheet – I recommend the Goddess Sheet.

*Available to purchase in class: Tsukineko Inks - #82 Real Black \$6, Tsukineko Inks - #81 White \$6, 2 Fantastix Applicators \$2, 3 yds MistyFuse (20" x 3 yds) \$12

Mid-Atlantic Quilt Festival Workshop Catalog

Handi Quilter Machines & Accessories provided by

Handi Quilter and Tidewater Sew-Vac

Two students will share each Handi Quilter machine. A portion of these workshops may contain machine product information.

Julia Larina Quilt

VA028 - Free-Motion Foundations for Longarm Quilters

Half-Day Workshop - \$85

9 am - 12 pm, Thursday, March 4

Build confidence at the longarm and develop the skills that make free-motion quilting feel natural, controlled, and creative. This class focuses on the essential movements and design principles behind successful free-motion quilting, helping you move beyond simply following a line and begin understanding how quilting designs are constructed.

We'll explore foundational shapes, smooth transitions, spacing, scale, direction changes, and ways to connect motifs efficiently. You'll learn how to break more complex designs into simple, manageable movements and how to use those building blocks to create your own quilting combinations.

Whether you are new to free-motion quilting or want to strengthen your fundamentals, this class will help you improve control, consistency, and confidence while giving you a practical toolbox of designs you can continue developing long after class.

Beginner/Confident Beginner Level

Required class kit, \$35 payable to the instructor in class, includes printouts, fabric for top and back, batting, and a marking pen. Also available for optional purchase in class: various quilting rulers, \$10-\$100.

Students to Provide

- Notebook and pencil
- Small thread scissors



Mid-Atlantic Quilt Festival Workshop Catalog

Handi Quilter Machines & Accessories provided by Handi Quilter and Tidewater Sew-Vac

Two students will share each Handi Quilter machine. A portion of these workshops may contain machine product information.

Julia Larina Quiltoff

VA029 - Rulers + Free Motion:

Building a Custom Quilting Toolbox

Half-Day Workshop - \$85

1 pm - 4 pm, Thursday, March 4

Take your custom quilting beyond a single technique by learning how rulers and free-motion quilting can work together to create polished, intentional designs.

In this class, we'll explore how to combine structure with creativity: using rulers for clean lines, curves, and framework, then adding free-motion elements to bring texture, movement, and personality into the quilting. You'll learn how to choose which technique works best in different areas of a quilt, how to transition smoothly between ruler work and free motion, and how to build designs that look complex without becoming unnecessarily complicated.

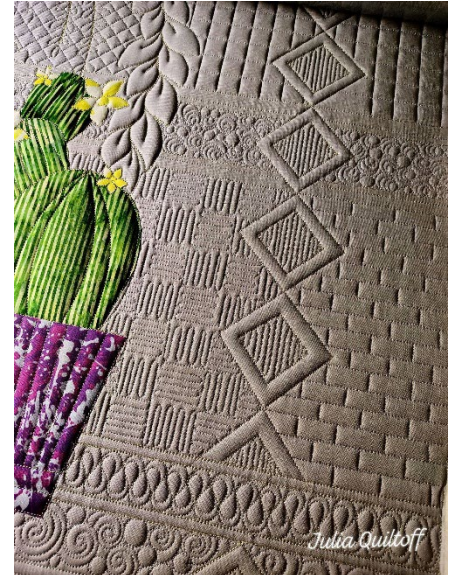
The goal is not to memorize one finished layout, but to build a versatile quilting toolbox you can use again and again. You'll leave with practical design strategies, new combinations to experiment with, and greater confidence in creating custom quilting that fits the quilt in front of you.

All Levels

Required class kit, \$55 payable to the instructor in class, includes printouts, fabric for top and back, straight ruler, shaped ruler (curve, wave or other), fabric for top (preprinted block, border, corner), fabric for back, batting, and a marker. Also available for optional purchase in class: various quilting rulers, \$10-\$100.

Students to Provide

- Notebook and pencil
- Small scissors for thread



Mid-Atlantic Quilt Festival Workshop Catalog

Handi Quilter Machines & Accessories provided by Handi Quilter and Tidewater Sew-Vac

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Julia Larina Quiltoff

VA030 - Custom Quilting:

From Planning to the Last Stitch

Full-Day Workshop - \$165

9 am - 4 pm, Friday, March 5

Great custom quilting starts long before the first stitch. In this class, we'll walk through the entire custom quilting process - from studying the quilt top and developing a plan to choosing designs, balancing density, managing transitions, and bringing the whole piece together into a cohesive finished quilt.

We'll discuss how to decide what should stand out, what should recede, where to add detail, and where simplicity will make the quilting stronger. You'll learn practical strategies for dividing a quilt into workable sections, selecting designs that complement the piecing, and maintaining visual balance across borders, blocks, backgrounds, and focal areas.

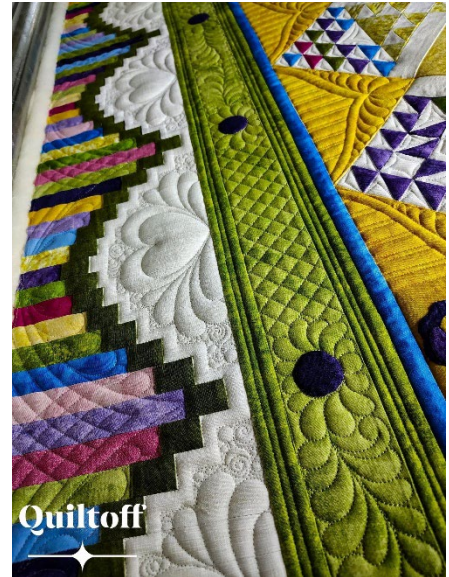
Just as importantly, we'll talk about how to keep the quilting process efficient and realistic so an ambitious custom plan doesn't become overwhelming halfway through the quilt.

All Levels

Required class kit, \$55 payable to the instructor in class, includes 2 preprinted quilt tops, backing fabric, batting, 2 quilting rulers, a marker, and printouts. Also available for optional purchase in class: various quilting rulers, \$10-\$100.

Students to Provide

- Notebook and pencil
- Small scissors for clipping threads



Mid-Atlantic Quilt Festival Workshop Catalog

Handi Quilter and Tidewater Sew-Vac

Two students will share each Handi Quilter machine. A portion of these workshops may contain machine product information.

Julia Larina Quiltoff

VA031 – Quilting Appliqué on the Longarm:

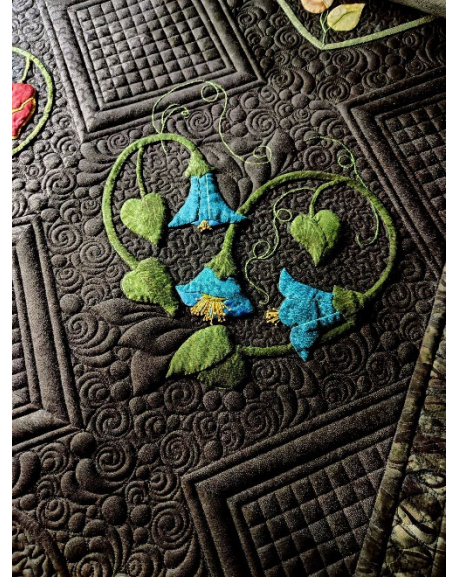
Plan, embellish, go!

Half-Day Workshop - \$85

9 am - 12 pm, Saturday, March 6

Take appliqué beyond traditional stitching and discover how your longarm can become a powerful tool for both securing and embellishing appliqué designs.

In this class, we'll explore how to plan an appliqué project specifically with longarm quilting in mind, from choosing the right placement and stitching approach to deciding where quilting can become part of the design itself. You'll learn ways to secure appliqué pieces, add texture and dimension, emphasize details, and use quilting lines to transform simple shapes into something much more dynamic.



We'll also discuss thread choices, stitching order, design planning, and practical techniques that help keep appliqué work clean, controlled, and visually balanced.

Whether you enjoy traditional appliqué, raw-edge designs, modern motifs, or highly embellished quilts, this class will give you new ideas for combining appliqué and quilting into one creative process.

Come ready to plan, experiment, embellish - and go!

All Levels

Required class kit, \$45 payable to the instructor in class, includes fabric for top and back, batting, appliqué, laser-cut pieces, straight ruler, marker, and printouts. Also available for optional purchase in class: various quilting rulers, \$10-\$100.

Students to Provide

Notebook and pencil

Mid-Atlantic Quilt Festival Workshop Catalog

Handi Quilter Machines & Accessories provided by
[Handi Quilter](#) and [Tidewater Sew-Vac](#)

Two students will share each Handi Quilter machine. A portion of these workshops may contain machine product information.

Julia Larina Quiltoff

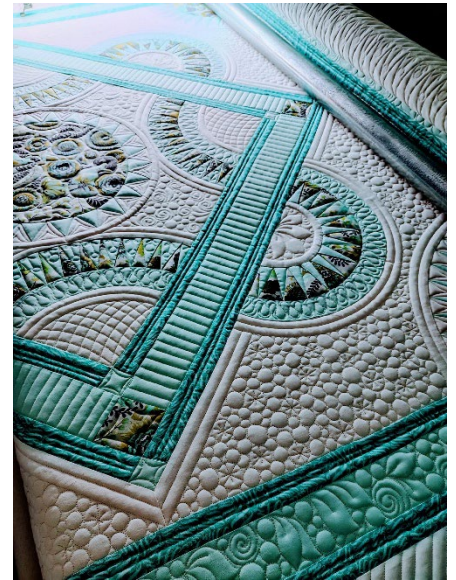
VA032 – Continuous-Curve Quilting: Strategies for efficient quilting

Half-Day Workshop - \$85

1 pm - 4 pm, Saturday, March 6

Continuous-curve quilting is one of the most useful skills for creating beautiful, efficient quilting with fewer starts, stops, and thread breaks.

In this class, we'll explore practical strategies for planning continuous quilting paths through blocks, borders, and repeated designs. You'll learn how to look at a quilt and identify the most efficient stitching route, how to travel through a design without unnecessary backtracking, and how to keep your quilting flowing smoothly from one area to the next.



We'll also cover ways to adapt continuous-curve techniques to different block styles, how to maintain consistency and rhythm, and how thoughtful quilting paths can save time while still producing polished, professional results.

Whether you quilt custom work, traditional piecing, or simply want to become more efficient at the longarm, this class will help you develop a stronger eye for quilting paths and the confidence to keep moving.

Quilt smarter, reduce unnecessary stops, and let the design flow.

All Levels

Required class kit, \$45 payable to the instructor in class, includes pre-printed fabric for top (blocks, borders, shapes), backing fabric, batting, background, marker, ruler, and printouts. Also available for optional purchase in class: various quilting rulers, \$10-\$100.

Students to Provide

Pencil and notebook

Mid-Atlantic Quilt Festival Workshop Catalog

Leo Ransom

VA033 – 2-Fabric Portraiture

Half-Day Workshop - \$65

9 am - 12 pm, Thursday, March 4

The instructor will walk students through the process of creating a piece of art using only 2 fabrics. Also, we will discuss the best photos to use to create a piece of art and talk a bit about how to create the pattern for your own projects.

All Levels

[Click here](#) to download Leo's workshop supply list.

Students to Provide

- *1/3 yd Heat N Bond Lite, Wonder Under or Trans web
- *2-Fat Quarters (1 Light and 1 Dark)
- *Straight Pins, Applique or Sequin Pins (pins without the ball or plastic heads-dressmaker pins)
- *Small Pointed Tip Scissors (I use Kai *5100 series with a curved tip)
- *Fine-point Sharpie or Ink Pen
- *Foam Core Board (that will accommodate an 11x14 project)
- *Pattern provided by the instructor at the beginning of the class.

Optional:

- *Tweezers
- *Small Rotary Cutter (14mm or 18mm)



Mid-Atlantic Quilt Festival Workshop Catalog

Leo Ransom

VA034 - 2 Fabric Portraiture

Half-Day Workshop - \$65

1 pm - 4 pm, Thursday, March 4

The instructor will walk students through the process of creating a piece of art using only 2 fabrics. Also, we will discuss the best photos to use to create a piece of art and talk a bit about how to create the pattern for your own projects.

All Levels

[Click here](#) to download Leo's workshop supply list.

Students to Provide

- *1/3 yd Heat N Bond Lite, Wonder Under or Trans web
- *2-Fat Quarters (1 Light and 1 Dark)
- *Straight Pins, Applique or Sequin Pins (pins without the ball or plastic heads-dressmaker pins)
- *Small Pointed Tip Scissors (I use Kai *5100 series with a curved tip)
- *Fine-point Sharpie or Ink Pen
- *Foam Core Board (that will accommodate an 11x14 project)
- *Pattern provided by the instructor at the beginning of the class.

Optional:

- *Tweezers
- *Small Rotary Cutter (14mm or 18mm)



Mid-Atlantic Quilt Festival Workshop Catalog

Leo Ransom

VA035 - Layered Portraiture

Full-Day Workshop - \$110

9 am - 4 pm, Friday, March 5

The instructor will walk students step by step using a cutaway process, exposing each underneath fabric with every layer created and placed on top of the previous layer. We will also discuss the best photos for the student's own projects and a bit about how to create and print a pattern.

All Levels

[Click here](#) to download Leo's supply list.

Students to Provide

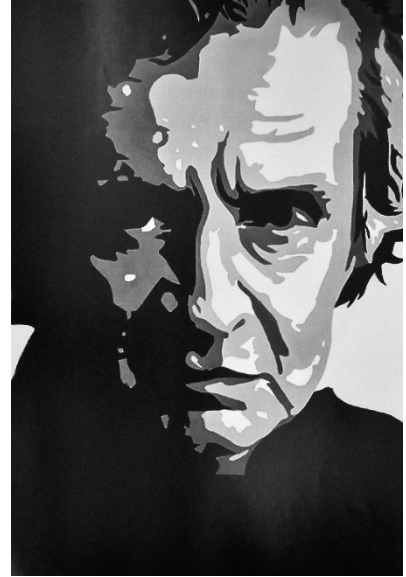
- *5-7 Gradated Fat Quarters (Video demonstration of color selection is on YouTube)
- *1 1/2 yards of Heat N Bond Lite, Wonder Under, Transweb, or double-sided fusible of your choice (Please-NO STEAM-A-SEAM LITE 2)
- *Small Pointed Tip Scissors (I use Kai 5100 series with a curved tip)
- *Straight (Dressmakers) Pins, Applique or Sequin Pins (without the plastic ball heads or tips)
- *Fine Point Sharpie or Ink Pen
- *Small Foam Core Board (Accommodates an 11"x 17" project)
- *Pattern supplied by the instructor at the beginning of the class

Optional:

Tweezers

Parchment Paper or Pressing Sheet

14mm or 18mm Rotary Cutters



Mid-Atlantic Quilt Festival Workshop Catalog

Leo Ransom

VA036 - Collaging

Full-Day Workshop - \$110

9 am - 4 pm, Saturday, March 6

The instructor will walk students step by step using a cutaway process, exposing each underneath fabric with every layer created and placed on top of the previous layer. We will also discuss the best photos for the student's own projects and a bit about how to create and print a pattern.

Confident Beginner Level

[Click here](#) to download Leo's supply list.



Students to Provide

Scrap pieces of fabric (different colors, prints, and shades. Also will need lots of different blacks in shades and prints)

1/2 yard of Muslin fabric to trace image onto

1 1/2 yards of Heat N Bond Lite, Wonder Under, or double-sided fusible of your choice (**No Steam A Seam Lite 2**)

Pressing Sheet or Parchment Paper to protect iron surface

Small Pointed Tip Scissors (I use Kai 5100 series with a curved tip)

Fine Point Sharpie or Ink pen

Straight, applique, dressmaker or sequin Pins (please-no pins with plastic ball heads or tips just in case you need to iron over them)

Small Foam Core Board (that will accommodate an 11"x 14" project)

Ostrich Pattern (Supplied by the Instructor at the beginning of the class)

Optional:

Tweezers

18mm or 28mm Rotary Cutters

Mid-Atlantic Quilt Festival Workshop Catalog

Adele Scott

VA037 - Westalee Ruler Work – New, Review and More...

Full-Day Workshop - \$75

9 am - 4 pm, Friday, March 5

Sampler day is the perfect new or review for using the versatile Westalee Sampler Set to get working with free-motion quilting rulers. Our workshop will cover basic setup if needed, troubleshooting typical problems, and how to create many design options with your 6-piece Sampler Set. We'll have additional designs beyond the Janet Collins Book for returning students, so everyone can learn new designs, including creating 12" block combinations (also small projects for advanced students with my OK).



Because this is a “New or Review” class – you’ll work at your own level with the Sampler Set (or other rulers discussed with Adele) – learn the basics or sharpen your skills. You'll learn about basic design, create combined designs, how to audition and decide placement, and, if ready, joining quilted sections with the easy and useful SashLee method. Note: Less experienced quilters might want to work on sample “sandwiches” first; more experienced quilters can work on their own project after discussing it with Adele.

All Levels

[Click here](#) to download Adele's detailed supply list with product hot links.

Students to Provide

We will have most of these items below at our vendor booth, but letting us know ahead of the class which required items you need will allow us to make sure you have them in time.

Supplies: The Ruler foot, 6-piece Sampler, and a flat extension table (or portable table, etc. to give a flat surface around your machine) **are required**. The other items below will make things easier, quicker, and more enjoyable. The [Westalee Beginner Essentials Kit](#) was created for those starting out and includes all the recommended Westalee items plus free online education!

Email with any questions - asds@adelescott.com

I've added hotlinks in the downloadable supply list so you can click on items to see what they look like and the prices, if needed. Required items highlighted in teal ([on the downloadable supply list](#)); *asterisked items available at www.AskAdele.com.

- Your **best sewing machine with foot control and accessories and manual** – make sure your machine has been cleaned and is in good running condition before class.
- ***Ruler Foot** for your model of machine (required) [Westalee Exclusive Ruler Foot Starter PKG](#) (included in the Beginner Essentials Set) (Bernina owners –purchase

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA037 – Westalee Ruler Work – New, Review and More...

- the #72 foot (from your Bernina dealer) ***If you don't have any rulers or ruler foot yet please call or email me so we can figure out what type you'd need and to make sure you'll have them in time for class.
- * **6-piece [Westalee Sampler Set](#)** of rulers (required)
- * **[Westalee 12 Arc Starter Template](#)** (recommended, and included in the Essentials Kit) for outline, grids, straight line work, etc.
- * **[Janet Collins Ruler Quilting Design book](#)** (it's a CD in some older work kits) (recommended)
- **Slider or [Grid Glider](#)** sheet to move your fabric more easily (recommended)
- ** **Plexiglass quilters table or included machine table (required)** if it's flat and level to the machine arm, or cabinet (if you have a cabinet at home but not a portable table, let me know.)

**Sew Steady Tables need to be ordered 3 weeks ahead, so plan accordingly. [Sew Steady Table options](#): Contact me for Mid-Atlantic Sew Steady table specials; we'll get you ahead of the show.

- * **[Schmetz Topstitch 90/14](#) or [Schmetz Chrome Quilting Needle 90/14](#)** (have several available and a new one in your machine)
- *"grippy" fingertips or gloves (optional but helpful)___
- Highly recommended: ***[Westalee Crosshair](#)** marking ruler (either 8" or 12" size, 8-Point version) [Cross Hair Options](#) Beginner Essentials or Work Kits include this.
- **All-purpose polyester thread** or good-quality **50w cotton** – have several colors, types if you have: not too dark.
- ***Fabric markers** that will show on your choice of fabric colors and fit in crosshair slots. Some of my favorites are: [Chalkoner and Iron Off refill chalk](#), [Quilters Select Self-Erase Purple Marker](#), [Bohin Mechanical Pencil](#), [Magic Chalkliner White with Brush Eraser](#).
- **At least 6 fat-quarter sandwiches** –Six if you want to keep a separate sample of each of the six rulers' designs, probably less if you want to fill a fat quarter then move on.

Approx. "fat-quarter sized (18"x22") sandwiches" should be:

1. For the top fabric, choose a **solid-appearing, med/dark color** so you can see the ruler's white lines.
2. For the middle, use a **cotton batting** or cotton/blend.
3. For the backing, use **any cotton print** you want to use up.

Additional Prep:

- Everyone will receive a questionnaire on your past ruler-work experience, a guide for Stable tape placement, and a set-up checklist by January, or as you sign up later. Please let me know if you don't receive this.
- Press fabric and batting layers together with a steam iron, if possible – **NO basting spray, safety pins, or other "basting" needed.**

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA037 – Westalee Ruler Work – New, Review and More...

- Very Important! - A thick **firm** cushion to sit on will bring you to a better height, or even better, an adjustable height chair or tall stool. **Elbows, at rest, should be at machine table height or higher!**

Prep: 1. Wind several bobbins.

2. Make sure to clean the lint from your machine.

3. Make sure you have a new 90/14 *topstitch or quilting needle* in your machine.

Please spray *Grippy* or cut little ½” pieces of [Stable Tape](#) and place on your ruler back corners. Stable tape comes in most Westalee ruler packages. See my placement guide.

Email with any questions – asds@adelescott.com

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Patricia E Simons

VA038 - Rulerwork for Beginners

Half-Day Workshop - \$55

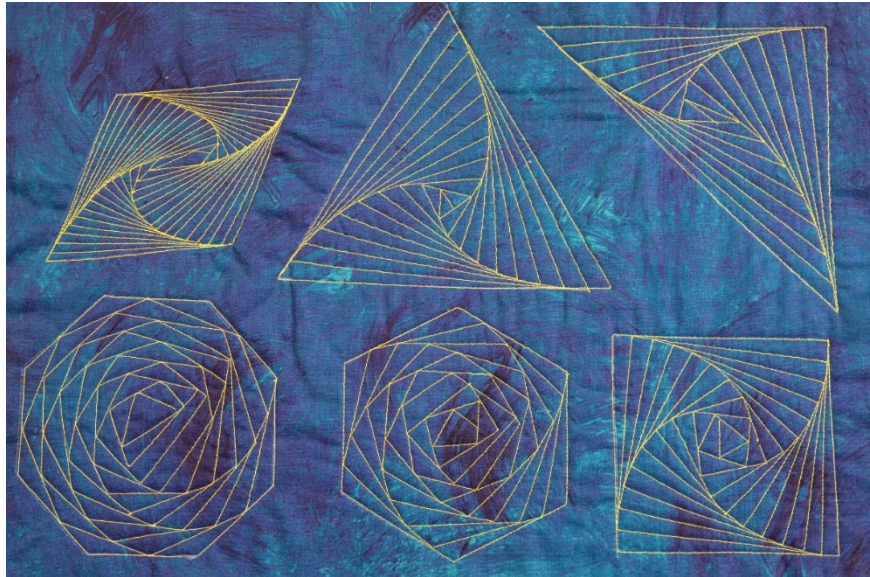
1 pm - 4 pm,

Thursday, March 4

Ready to Take Your Quilting to the Next Level with Templates/Rulers?

Have you purchased a template/ruler for your home quilting machine, but aren't quite sure what

to do with it? Maybe you've watched YouTube videos and demonstrations but still aren't sure where to begin. You'll learn practical techniques for moving templates to create beautiful, creative designs. Discover the possibilities that templates/rulers can open up—even for those of us who “can't freehand for the life of us!” No artistic talent or freehand experience is required! Come explore, experiment, and gain confidence using templates/rulers on your own machine.



Machine Requirements: Your machine must have the appropriate ruler foot. A ruler foot should be ½ inch wide from outside edge to outside edge and have tall or thick walls to guide the template safely.

All Levels

[Click here to download Patricia's supply list.](#)

Students to Provide

- 1) 8-12 fabric sandwiches approximately 12" - 16" square (please do not pin baste sandwiches nor use thick batting). Plain fabrics will show your stitching better than a busy print.
- 2) Contrasting 50 wt. thread to the fabric sandwiches. Please do not use a fine thread.
- 3) Marking tool for marking lines on fabric sandwiches.
- 4) 8-point stencil grid (I will have 4 that are to be shared in class) or rulers for marking guidelines
- 5) A large flat surface table that fits your free arm.
- 6) Small scissors for cutting thread
- 7) A slider to use on the machine table (super slider, Sew Slip, Glider). This item is HIGHLY recommended.

Templates Needed (please make sure you have the appropriate thickness template for your machine):

- 1) Straight line template/ruler (I will be demonstrating with our Mini Straight Line Tool)

Mid-Atlantic Quilt Festival Workshop Catalog

- 2) A set of circles to be used on the inside. (I will be demonstrating with the Nested Mini Circles 1" – 4")
- 3) Pointed Leaf/Oval tool

CONTINUED: VA038 – Rulerwork for Beginners

I will have our Starter Set, which contains all three tools, available for purchase in the classroom. Please contact me to let me know which thickness you require:

patricia@quiltersrule.com

Supplies suggested but not necessary:

- 1) Quilting Gloves if you find them useful
- 2) Notebook or art book for drawing out designs and movement (colored pencils might be nice, but not necessary)

Machine requirements: Each machine MUST have a ruler foot appropriate for that machine. A ruler foot is ½ inch wide from outside edge to outside edge. It must have a thick or tall wall. The following manufacturers make a ruler foot specifically for their machines: BERNINA (#72 foot or #72S), Baby Lock, Juki, Janome, Elna, Viking/Husqvarna, Pfaff. All other machines will need to buy a “generic” foot. The two best options are the Westalee Ruler foot distributed by Sew Steady and the Clarity foot put out by Accents on Design. Nancy’s Notions, Missouri Star Quilts, and most independent Quilt shops that sell machines have access to one of these options.

Each machine should have a table or large surface to support fabric sandwiches and templates.

Your machine must be in good working order, be able to drop its feed dogs, and be able to operate with the needle stopping in the needle-down position. Please make sure your fabric can still move when the ruler foot is in the down position.

Available for purchase in class:

Starter Set - contains all three templates/rulers used in class

Mini Straight Line Tool

Nested Mini Circles 1"-4" Template

Pointed leaf/oval template

8-point stencil

6-point stencil

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

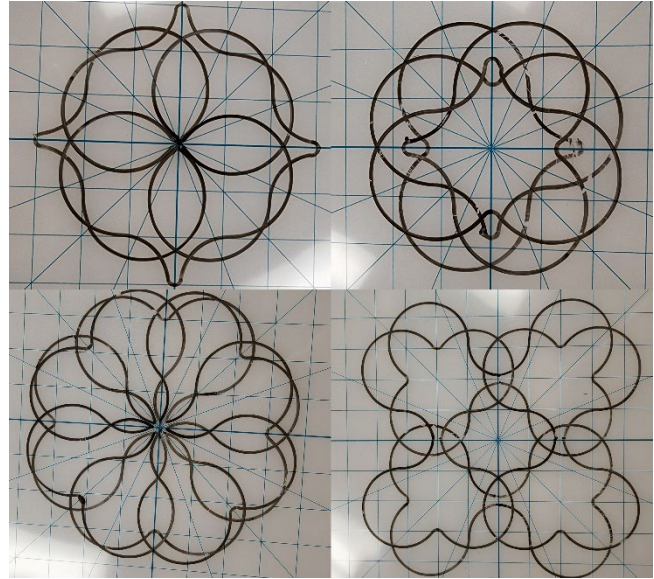
Patricia E Simons

VA039 - Maximizing the Use of Machine Quilting Templates

Half-Day Workshop - \$55

9 am - 12 pm, Friday, March 5

Ready to Turn Your Machine Quilting Templates/Rulers into Fabulous Designs? Have quilting templates/rulers sitting at home that you're not quite sure how to use? Take the stress out of quilting and let your creativity take over! In this fun, hands-on Drawing Class, you'll learn four different techniques for moving templates/rulers to create beautiful, stunning quilting designs—all without ever turning on your sewing machine!



This is your chance to experiment, play, and discover just how much you can do with the templates and rulers you already have. You'll learn how to confidently create fabulous designs in a relaxed, stress-free environment. No broken needles. No skipped stitches. No bunching fabric. Just creativity, exploration, and fun! Bring your curiosity and your templates/rulers and get ready to see them in a whole new way! Questions? Please contact patricia@quiltersrule.com

All Levels

Required class kit, \$45 (cash only), payable to the instructor in class, includes One (1) acrylic template (Mini Heart), One (1) Wholecloth Design Grid, Two (2) template testers, Mechanical pencil, Dry erase pen, Dry erase pen eraser.

Students to Provide

- 1) Notebook or art book (colored pencils might be nice, but not necessary)
- 2) Something to take pictures of the designs you will create
- 3) If you would like to bring one or two of your templates/rulers, please do.

Mid-Atlantic Quilt Festival Workshop Catalog

JANOME Sewing Machines & Accessories provided by Tidewater Sew-Vac

If you are taking a workshop with sponsor-provided JANOME sewing machines, you must use the sponsor-provided machine and may not bring your own machine. A portion of these workshops may contain information on sewing machine products.

David Sirota

VA040 - Storm at Sea in 2 or 3 Colors

Full-Day Workshop - \$90

9 am - 4 pm, Thursday, March 4

Are you curious about paper piecing? Do you and paper piecing already have a love/hate relationship? Do you love the accuracy you achieve, but hate the process of getting there? Well, this class will change that to a LOVE relationship. We'll be using the versatile Storm at Sea pattern to learn my "No More Tears" © method of paper piecing. Although we won't be finishing the entire project in class, you'll have a good start and the tools you'll need to finish it at home in half the time you'd expect from paper piecing. Don't believe me? You'll just have to come and see for yourself.

All Levels



Required class kit, \$5, payable to the instructor in class, includes pattern and instructions.

[Click here to download David's materials list and cutting specs.](#)

BRING TO CLASS

- Thread
- Your baggies of pre-cut fabric and some extra just in case
- Rotary cutter with a fresh blade
- 6"x12" ruler
- Small cutting mat – 9"x12" is fine
- Invisible or Magic Scotch tape (any brand)
- Pencil or pen for taking notes
- A hand needle (embroidery, cotton darning) with a sharp point and long eye
- Highlighter – any color except yellow
- Add-A-Quarter ruler – 6" or 12"
- Fabric scissors and paper scissors
- Something to collect your scraps
- Oral-B Pro-Health Comfort Plus Dental Floss or any ribbon floss

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA040 – Storm at Sea in 2 or 3 Colors

FABRICS:

*Please keep it simple, and keep in mind that we're here to learn a new method, and maybe not create the ultimate Storm at Sea masterpiece. Ideally, we're looking for 2 contrasting** fabrics, and if you want, a third color; you'll want to use a different fabric in the same color family as your dark fabric. Either way, your Storm at Sea will shine. The finished project will be simple to construct, yet impactful.*

Why only 2 (or 3) fabrics? Because this class is less about design and more about technique. Like anything new we learn, we want it to become a habit, and if we're focused on design, it takes away from our practice time.

If you want to add a third color for more movement, I find that a variation of your "dark" fabric works well.

All fabric is cut cross-grain or Width of Fabric (WOF). Measurements assume 40" of usable fabric. Bring cut pieces to class in three baggies...one for Large Center Squares, one for Sashing Rectangles, and one for Cornerstone Squares.

**Contrasting fabrics are any 2 fabrics that will stand out on their own and make the lines of your quilt top "crisp." They can be solids, a print and a solid, or 2 small prints that read as solid from a distance. Another thing to remember is that solid fabrics will be a little less forgiving if your points don't match precisely. When selecting your fabric, avoid directional prints, large prints, or 2 prints that share the same color(s).

CUTTING SPECS

If you start with 2 yards of each fabric, you'll have enough left of the dark for your binding and enough left of the light for the backing. You'll be using 41.5" of the dark fabric and 29" of the light. If making a 3-color quilt, adjust the yardage as detailed in the cutting directions for Baggie #3.

Baggie #1

Large Center Squares:

From the Dark Fabric:

Cut **one 4" strip**. From this strip, cut **nine 4" squares**.

Cut **two 4-1/2" strips**. From these strips, cut **eighteen 4-1/2" squares**. Cut these **eighteen squares diagonally in half to form thirty-six half-square triangles**. Place them in Baggie #1.

From the Light Fabric:

Cut **two 3-1/2" strips**. From these strips, cut **eighteen 3-1/2" squares**. Cut these eighteen squares diagonally in half to form **thirty-six half-square triangles**. Place them in Baggie #1.

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA040 – Storm at Sea in 2 or 3 Colors

Baggie #2

Cornerstone Squares:

From the Dark Fabric:

Cut **one** 2-1/4" strip. Cut this strip into **sixteen** 2-1/4" squares.

Cut **two** 3" strips. Cut these strips into **thirty-two** 3" squares. Cut these thirty-two squares diagonally in half to form **sixty-four** half-square triangles. (If you don't have enough fabric, use the remainder of the 4" strip from the Sashing Rectangle to make up the difference.) Place in Baggie #2 **From the Light Fabric:**

Cut **two** 2-1/4" strips. Cut these strips into **thirty-two** 2-1/4" squares. Cut these thirty-two squares diagonally in half to form **sixty-four** half-square triangles. Place in Baggie #2.

Baggie #3

Sashing Rectangles:

From the Dark Fabric:

Cut **five** 4" strips. Cut these strips into **twenty-four** 4"x7" rectangles. Place them in Baggie #3.

If using the third color, follow the cutting directions above, and you'll start with at least 20" of that fabric.

From the Light Fabric:

Cut **six** 3" strips. Keep the strips folded, wrong sides together. Cut these strips into **forty-eight** 3"x5" rectangles. Cut these forty-eight rectangles diagonally in half to form **ninety-six** "uneven" or asymmetrical triangles. Place them in Baggie #3.

Note: Since these triangles are mirror images and asymmetrical, they have a precise placement in the block. It is important that you make sure to keep your fabric strip folded in half, as it came off the bolt, before cutting your rectangles and then triangles.

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

JANOME Sewing Machines & Accessories provided by Tidewater Sew-Vac

If you are taking a workshop with sponsor-provided JANOME sewing machines, you must use the sponsor-provided machine and may not bring your own machine. A portion of these workshops may contain information on sewing machine products.

David Sirota

VA041 – Chevron Star 2.0

Full-Day Workshop - \$90

9 am - 4 pm, Friday, March 5

Chevron Star 2.0 is a riff on a pattern I designed almost twenty years ago, and it was definitely time for an update. For those of you who might not be familiar with my work, I love bold, graphic quilts. I also love illusions, like seeing curves where there are only straight lines or seams. And this pattern illustrates just that. By using lights and darks with high contrast, the pattern just “pops”. At first glance it’s a black and white quilt; however, when you look closely you see that the background and center “pinwheel” stars are black and white, but the strips in the main star are dark grey and off white. It’s a subtle difference but it works and helps create the illusion of curves.



All Levels

Required class kit, \$5, payable to the instructor in class, includes pattern and instructions.

[Click here to download David's materials list and cutting specs.](#)

Students to Provide

BRING TO CLASS

- Your precut strips and HSTs plus any extra fabric
- Regular flat (no flange) piecing foot and your quarter inch foot or guide
- Seam ripper (just in case)
- Rotary cutter (with a fresh blade)
- Small cutting mat. 9x12 is fine
- Highlighter (Pink, green, blue, orange, but NOT yellow)
- A Hand Needle (embroidery, cotton darning) as long as it has a sharp point and a long eye
- 6"x12" ruler
- Add-A-Quarter ruler – helpful but not necessary
- Scissors
- Invisible Scotch tape - any brand. Avoid "glossy" tape
- Oral B Glide Pro-Health Floss or any *ribbon* floss

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA041 – Chevron Star 2.0

FABRIC SELECTION

A good rule of thumb:

This is actually a "method" class. Some of you are learning the method from scratch and some of you already know it but need a refresher. Choosing your forever fabrics is easier once you know how the blocks are made and then how the blocks are put together. I would suggest that you use fabric from your stash for learning, and then choose the fabrics you wish to have in your finished quilt. Remember, we'll only be making a couple of blocks in class. And please, I beg of you, limit your choices to four fabrics.

What you're looking for is two colorways. In my quilt, I started with black and white for the background and center "pinwheel" stars. Then I chose dark grey (a little lighter than black) and off-white (a little darker than white) for the chevron star itself. It's the subtle change in color that is key for highlighting the illusion of curves.

I chose all solids, but tone-on-tone, blenders and/or very small prints will work equally as well. You'll be fine as long as your darkest and lightest fabrics have high contrast. Click on the images above to see other color variations of my black and white quilt.

CUTTING SPECS

Finished block 12" x 12"

Start with 3/4 - 1 yard (does not include borders) of each fabric. You'll have some extra left over.

For the class cut only the strips and pieces below

From the **Darkest Fabric (Black)**

Cut **one** 4-1/2" Strips

Cut the strips into **nine** 4-1/2" Squares.

Cut the squares in half diagonally into **eighteen** HSTs (Half Square Triangles)

Cut **one** 1-3/4" Strip. Bring the strip to class.

From the **Lightest Fabric (White)**

Cut **one** 4-1/2" Strip

Cut the strips into **nine** 4-1/2" Squares.

Cut the squares in half diagonally into **eighteen** HSTs (Half Square Triangles)

Cut **one** 1-3/4" Strip. Bring the strip to class

From the **Darker Fabric (Grey)**

Cut **one** 5-1/4" Strip

Cut the strips into **twenty-four** 1-3/4" x 5-1/4" pieces

Cut **one** 1-3/4" strip. Bring the strip to class

From the **Lighter Fabric (Off-White)**

Cut **one** 5-1/4" Strips

Cut the strips into **twenty-four** 1-3/4" x 5-1/4" pieces

Cut **one** 1-3/4" strip. Bring the strip to class

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA041 – Chevron Star 2.0

FOR THE FULL QUILT

These cutting specs are for the entire quilt and include the strips and triangles you cut for class.

From the *Darkest* Fabric (Black)

Cut **four** 4-1/2" Strips

Cut the strips into **thirty-six** 4-1/2" Squares.

Cut the squares in half diagonally into seventy-two HSTs (Half Square Triangles)

Cut **three** 1-3/4" Strips

From the *Lightest* Fabric (White)

Cut **four** 4-1/2" Strips

Cut the strips into **thirty-six** 4-1/2" Squares.

Cut the squares in half diagonally into **seventy-two** HSTs (Half Square Triangles)

Cut **three** 1-3/4" Strips

From the *Darker* Fabric (Grey)

Cut **three** 5-1/4" Strips

Cut the strips into **seventy-two** 1-3/4" x 5-1/4" pieces

Cut **three** 1-3/4" Strips

From the *Lighter* Fabric (Off-White)

Cut **three** 5-1/4" Strips

Cut the strips into **seventy-two** 1-3/4" x 5-1/4" pieces

Cut **three** 1-3/4" Strips

Mid-Atlantic Quilt Festival Workshop Catalog

JANOME Sewing Machines & Accessories provided by Tidewater Sew-Vac

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David Sirota

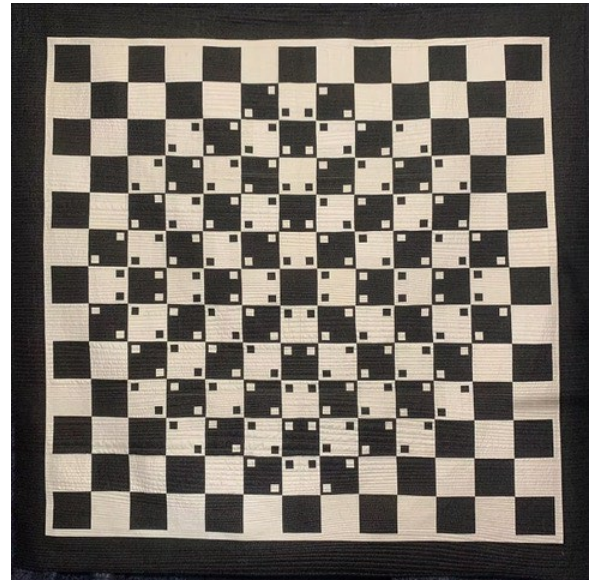
VA042 - Oh Yeah!

Full-Day Workshop - \$90

9 am - 4 pm, Saturday, March 6

"Oh Yeah!" is one of the best optical illusion quilts I've ever designed. It's two colors, all of the blocks are the same size, no curves, and...it's NOT paper pieced. I found a computer-generated image and deconstructed it so that this mind-blowing illusion could be made into a quilt. Its construction is very similar to one of the first quilts I ever made, which was strip pieced. And don't worry about getting dizzy; that only happens when the construction is complete and you take 3 steps back:)

All Levels



Required Kit: \$5, payable to the instructor in class, includes pattern and instructions.

[Click here](#) for David's supply list and cutting instructions.

Bring to Class:

- Your pre-cut fabric strips and leftover yardage. We'll be cutting more strips in class.
- Sewing machine, thread, pins, and bobbin
- Rotary cutter (with a fresh blade)
- Ruler for cutting strips
- Cutting mat large enough to cut strips of fabric
- Iron and ironing surface
- Pencil or pen and paper for taking notes. There'll be lots of notes:)

Let's Talk Fabric

What makes this pattern work so well? Contrasting fabrics. And how many different fabrics? Only two. I find that a dark and a light fabric, even in the same color family, work the best. And blenders do the trick. Any fabrics that read as solids from a short distance (and no, not from a galloping horse) work well. You definitely want to avoid large prints, directional fabrics, and fabrics that are too close in color value. Also, sometimes a really "bright" fabric can interfere with the illusion. But in the end, the choice is yours.

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA042 – Oh Yeah!

It's also best if your fabric has "body". If it's been pre-washed or doesn't have a lot of dye or sizing, it's best to starch it first. Your seams will be crisper, flatter, and your fabric will sew straighter. I use a mist bottle with liquid starch and water. For the class, it might make sense to use fabrics you have on hand. Since you're ultimately investing in 6 yards of fabric, you might want to see how the quilt is made before deciding on your fabric choices. The cutting specs below are for the class, and below that, the full quilt.

The Ever-elusive 1/4" seam

If you don't want to trim your blocks to size after sewing, an accurate 1/4" seam allowance makes the construction of this quilt easier and quicker. So try your best to achieve an accurate 1/4" seam allowance. The best way to do this is to take two 2-1/2" strips of fabric and start sewing them together. Stop after about 6", finger-press the seam open and flat, and measure the sewn part of the strip. It should measure 4-1/2". If it doesn't, you'll need to either move your needle or landmark your machine and try again. My machine is a straight stitch only machine. My 1/4" foot doesn't give me the accuracy I need, so I use a seam guide. However, fret not. You can always trim your blocks to size after they are sewn.

It's best if you test your 1/4" seam with the fabric, thread, and needle you intend to use for your quilt.

Cutting Specs For Class...You Only Need to Cut

FROM EACH OF YOUR TWO FABRICS CUT:

- Four 1" Strips
- Six 1-1/2" Strips
- Four 2-1/2" Strips
- Four 4" Strips

Cutting Specs For Full Quilt

[Click here](#) to see detailed instructions for the full quilt.

Sewing Machine Required

Mid-Atlantic Quilt Festival Workshop Catalog

Eileen Sullivan

VA043 - Signs of Spring

Half-Day Workshop - \$55

1 pm - 4 pm, Thursday, March 4

Explore all the 'ins and outs' of foundation piecing while creating the Spring flower of your choice. Working with a provided pre-printed freezer paper foundation, begin your piecing journey with either of these two spring favorites. All aspects of the process will be covered, including tips on joining Sections and Units. 13" x 15" each.

All Levels

Students to Provide

Sewing machine required along with normal sewing supplies (straight stitch only).

Fabric requirements:

Four shades for your flower of choice: 11" x 18" each

Four Greens: 11" x 18" each

Border: Fat quarter

Background: 11" x 18"

Fabric packets available for purchase in class if needed



Mid-Atlantic Quilt Festival Workshop Catalog

BERNINA Sewing Machines & Accessories provided by BERNINA of America / A Different Touch

If you are taking a workshop with sponsor-provided BERNINA sewing machines, you must use the sponsor-provided machine and may not bring your own machine. A portion of these workshops may contain sewing machine product information.

Christa Watson

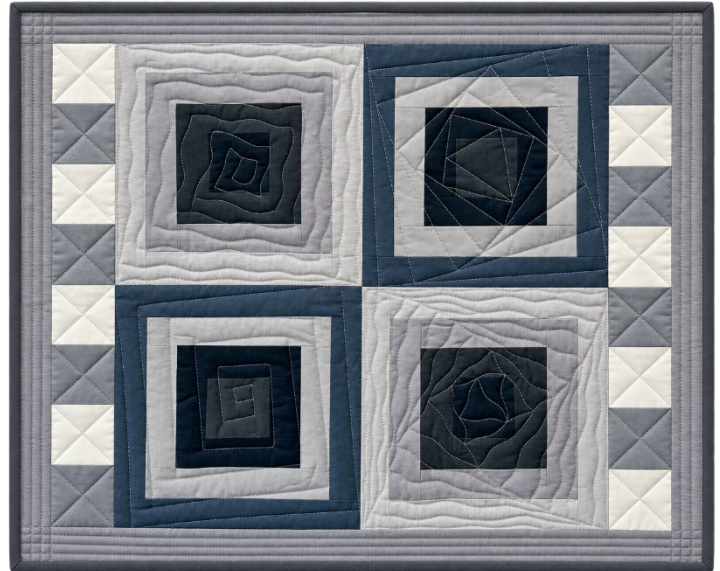
VA046 – Walking Foot Bootcamp

Full-Day Workshop - \$150

9 am - 4 pm, Thursday, March 4

Are you tired of stitching in the ditch? Learn to utilize the power of your walking foot (or dual feed) to stitch “near” the ditch instead! It’s much faster and easier, yielding results that are very forgiving and more fun to stitch! Students will be empowered to embrace the beauty of imperfection as they learn to quilt their own quilts. See how a simple straight stitch can yield so many different possibilities.

All Levels



Required class kit, \$40 payable to the instructor in class, includes 6 machine quilting practice samples. Each sample consists of a fat quarter-sized printed fabric panel for the front, coordinating backing fabric, and batting in between. The practice panels have been specifically designed by Christa for this workshop. Colors and designs will vary but there will be enough variety for you to practice all of the designs taught. Sample class photo gives an idea of what your panel may look like, but this is not an exact replica of what we will be doing in class; it's for inspiration only.

[Click here](#) to download Christa's detailed workshop supply list.

Students to Provide

- Required: How do I Quilt It book by Christa Watson
 - o Please purchase ahead of time at shop.ChristaQuilts.com
- Recommended: Christa's book 99 Machine Quilting Designs
 - o PDF download available on Etsy: <https://www.etsy.com/shop/ChristaQuilts>
- Required class kit for \$40 – includes (6) fat quarter-sized machine quilting practice panels (front and back) plus batting. You may pay for this during class.
- Practice quilt sandwich for warm up – two 10”x10” squares of fabric (any color) with batting in between.

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA046 – Walking Foot Bootcamp

- Thread – neutral and at least one other color. I recommend 100% cotton, 50 weight – what you would normally use for piecing. Stay away from thread marked “quilting” or thick or bargain basement thread. Choose a high-quality brand like Aurifil or Wonderfil.
- Brand new needle installed in your sewing machine – in a size to match your thread.
 - o I recommend 80/12 sharp or topstitch needle for 50 weight cotton thread.
- Thread snips
- Fabric marking tool and small acrylic ruler (1-3” x 6-12”), or painters tape
 - o See shop.ChristaQuilts.com for Christa’s recommended crease marker
- Sketchbook and pen or pencil for note-taking and design sketching

Also available in class, optional: Book required for class, approximately \$30. Patterns from many of the quilt samples shown in class. Approximately \$12 each. Additional fabrics for inspiration and play, approximately \$12 per yard.

Mid-Atlantic Quilt Festival Workshop Catalog

BERNINA Sewing Machines & Accessories provided by BERNINA of America / A Different Touch

If you are taking a workshop with sponsor-provided BERNINA sewing machines, you must use the sponsor-provided machine and may not bring your own machine. A portion of these workshops may contain sewing machine product information.

Christa Watson

VA047 – Free-Motion Bootcamp

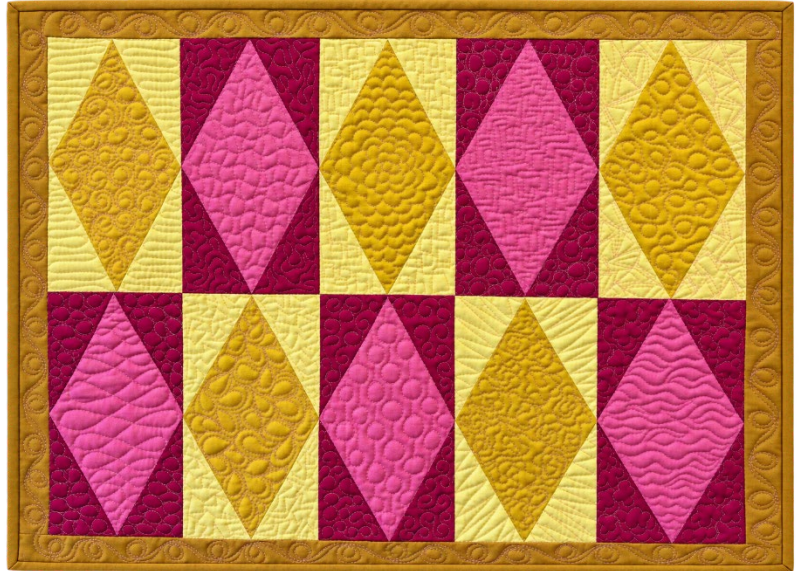
Full-Day Workshop - \$150

9 am - 4 pm, Friday, March 5

Embrace perfectly imperfect quilting! That means little to no marking, and a whole lot of gorgeous texture. Ease into free-motion quilting with asymmetrical textures that are fast and fun to quilt. We'll explore a wide range of motifs that will look good on any quilt, from modern to traditional. You'll leave class armed with the confidence that yes, you can quilt your own quilts. Students will learn best practices for successful free-motion quilting, and they should be comfortable with a sewing machine.

All Levels

Required class kit, \$40 payable to the instructor in class, includes 6 machine quilting practice samples. Each sample consists of a fat quarter-sized printed fabric panel for the front, coordinating backing fabric, and batting in between. The practice panels have been specifically designed by Christa for this workshop. Colors and designs will vary, but there will be enough variety for you to practice all of the designs taught. Sample class photo gives an idea of what your panel may look like, but this is not an exact replica of what we will be doing in class; it's for inspiration only.



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Students to Provide

- Required: How do I Quilt It? book by Christa Watson
 - Please purchase ahead of time at shop.ChristaQuilts.com
- Recommended: Christa's book 99 Machine Quilting Designs
 - PDF download available on Etsy: <https://www.etsy.com/shop/ChristaQuilts>
- Required class kit for \$40 – includes (6) fat quarter-sized machine quilting practice panels specifically designed by Christa for this class, plus batting and backing. You may pay for this during class.

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA047 – Free-Motion Bootcamp

- 1 Practice quilt sandwich for warm-up – two 10”x10” squares of fabric (any color) with batting in between.
- Thread – neutral and at least one other color. I recommend 100% cotton, 50 weight – what you would normally use for piecing. Stay away from thread marked “quilting” or thick or bargain basement thread. Choose a high-quality brand like Aurifil or Wonderfil.
- Thread snips
- Recommended: Machine quilting gloves
- Fabric marking tool and small acrylic ruler (1-3” x 6-12”), or painter’s tape
 - o See shop.ChristaQuilts.com for Christa’s recommended crease marker
- Sketchbook and pen or pencil for note-taking and design sketching

Also available in class, optional: Book required for class, approximately \$30. Patterns from many of the quilt samples shown in class. Approximately \$12 each. Additional fabrics for inspiration and play, approximately \$12 per yard.

Mid-Atlantic Quilt Festival Workshop Catalog

BERNINA Sewing Machines & Accessories provided by BERNINA of America / A Different Touch

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Christa Watson

VA048 – Fun Free-Motion Feathers & Fills

Full-Day Workshop - \$150

9 am - 4 pm, Saturday, March 6

In this workshop, students will learn basic feather plume shapes, then build upon those shapes to create entirely new designs. They'll explore a variety of options such as echo feathers, swirl feathers, "broken" feathers, and many more! Each student will discover their unique feather style and learn how to apply what they've stitched to an actual quilt. Students will also learn to customize their swirls by adding fun fills and flourishes to their designs.

All Levels



Required class kit, \$40 payable to the instructor in class, includes 6 machine quilting practice samples. Each sample consists of a fat quarter-sized printed fabric panel for the front, coordinating backing fabric, and batting in between. The practice panels have been specifically designed by Christa for this workshop. Colors and designs will vary, but there will be enough variety for you to practice all of the designs taught.

[Click here](#) to download Christa's detailed workshop supply list.

Students to Provide

- Required: Christa's book 99 Machine Quilting Designs
 - Available as PDF Digital Download: <https://www.etsy.com/shop/ChristaQuilts>
- Recommended: How do I Quilt It? book by Christa Watson
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- Required class kit for \$40 – includes (6) fat quarter-sized machine quilting practice panels specifically designed by Christa for this class, plus batting and backing. You may pay for this during class.
- Practice quilt sandwich for warm-up – two 10"x10" squares of fabric (any color) with batting in between.
- Thread – neutral and at least one other color. I recommend 100% cotton, 50 weight – what you would normally use for piecing. Stay away from thread marked "quilting" or thick or bargain basement thread. Choose a high-quality brand like Aurifil or Wonderfil.
- Thread snips
- Recommended: machine quilting gloves

Mid-Atlantic Quilt Festival Workshop Catalog

CONTINUED: VA048 – Fun Free-Motion Feathers & Fills

- Sketchbook and pen or pencil for note taking and design sketching

Also available in class, optional: Recommended book, approximately \$30. Patterns from many of the quilt samples shown in class. Approximately \$12 each. Additional fabrics for inspiration and play, approximately \$12 per yard.

Mid-Atlantic Quilt Festival Workshop Catalog

Most Lectures, Meet & Greet and the Fashion Show are Included with the \$35 Pre-Registration Fee. Not pre-registered? No problem! General admission wristband holders can attend the lectures and Meet & Greet for just \$20.00 or the Fashion Show for \$15.00. Visit the Workshop Registration counter to purchase your ticket.

Susan Cleveland

2026 Early Bird Lecture

VALec101 - My Eclectic Quilt Pageant

Lecture – Included with Registration

6 pm, Wednesday, March 3

For her grand finale before retirement, join one of the world's most enthusiastic personalities for great information and laughter! You'll learn a plethora of tips to increase accuracy and add fresh, interesting details with piping, prairie points, heavy threads, and embellishments. See how to take show pieces to new levels and add charming surprises to simple pieces. Susan will share real live quilts with close-ups through the projector so you're sure to see oodles of detail. Don't miss out on this good time!



Marianne Fons

VALec102 - Read My Latest Quilt

Lecture & Book Signing - \$20

12 pm, Thursday, March 4

From the nineteenth century forward, a few (but not many) American quiltmakers put their names on their quilts. Some did more than that, embedding their sorrows, sentiments, and messages in their patchwork. In this entertaining presentation, debut novelist and quilter Marianne Fons takes you on a visual journey from the 1800s to the present, with quilts doing most of the talking. As it turns out, writing a novel is more like making a quilt than one might think.

All Levels

Available at the lecture:

THE DRESSMAKER OF WINTERSET, hardcover novel by Marianne Fons, retail price \$29



Mid-Atlantic Quilt Festival Workshop Catalog

David Sirota

VALec103 - What Makes a Quilter Tick?

A Fun-Filled Look in the Mirror

Lecture – Included with Registration

4:30 pm, Wednesday, March 4

Join me for an enlightening, fun, and interactive look at ourselves as quilters. We'll examine the little quirks, passions, idiosyncrasies, and obsessions we all share. We'll hold a mirror up to ourselves to help us see what others see when they look at us. So, bring your friends and family along and maybe "What Makes a Quilter Tick?" will help explain to you, and to them, why they look at us the way they do.



Start your evening with David's engaging presentation, then stick around for lively conversation with our talented faculty. Bring your quilting questions—and even a project or two to share! It's an evening full of creativity, community, and quilting fun at the Mid-Atlantic Quilt Festival.

Included with Pre-Registration.

The lecture and Meet & Greet are both included in the \$35.00 pre-registration fee. Not pre-registered? No problem! General admission wristband holders can attend both the lecture and Meet & Greet for just \$20.00. Visit the Workshop Registration counter to purchase your ticket.

David Sirota's Lecture is immediately followed by Meet & Greet

MEET & GREET

VAMeet – Included with Registration

5:30 pm, Thursday, March 4

(immediately following David Sirota's lecture)

Join us on Thursday, March 4, at 5:30 pm for a special Meet & Greet with the faculty! First, be inspired by David's lecture, What Makes a Quilter Tick? A Fun-Filled Look in the Mirror. Afterward, enjoy lively conversation with the festival's faculty. Bring projects to share and your quilting questions. It's all fun and quilting at the Mid-Atlantic Quilt Festival!

Included with Pre-Registration.

The David Sirota's lecture and Meet & Greet are both included in the \$35.00 pre-registration fee. Not pre-registered? No problem! General admission wristband holders can attend both the lecture and Meet & Greet for just \$20.00. Visit the Workshop Registration counter to purchase your ticket.

Mid-Atlantic Quilt Festival Workshop Catalog

THE M-AQF FASHION SHOW

**Rachel D.K. Clark, Gayle Hazen
& Corlis Taylor**

VAFlash104 - Three Visions, One Runway

Fashion Show – Included with Registration

4:30 pm - 5:30 pm, Friday, March 5

Rachel Clark, Gayle Hazen, and Corlis Taylor assert that clothing transcends mere functionality. Each garment communicates a distinct narrative through its design, texture, and color combinations. Three artists bring three unique visions to one runway, where creativity shines and imagination never goes out of style. Come celebrate the joy of creating, the fun of artistic expression, and the endless possibilities of wearable art with us.



Maria Tamaoka

VAQltO105 - Quilt-O

\$22

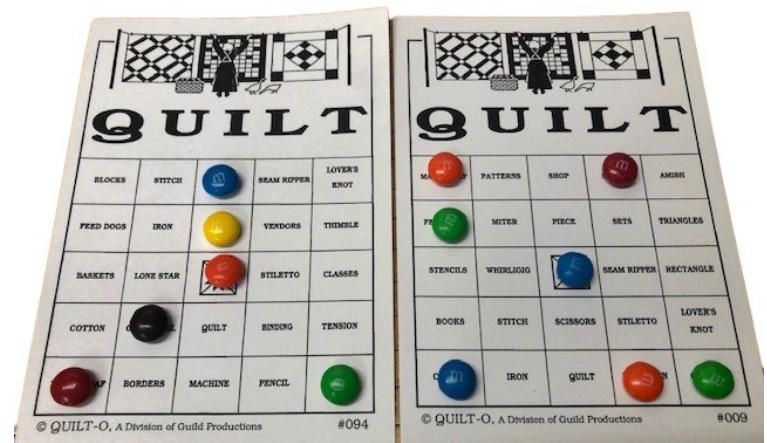
7:00 pm, Friday, March 5

Kick back, relax, and enjoy a night of laughter and friendly competition with Pat Yamin and fellow quilters at our ever-popular **Quilt-O** event! Join us on **Friday night at 7:00 PM** to play this quilter's twist on Bingo—complete with quilt-themed cards and M&Ms for markers. Just remember: **don't eat your markers** or you'll be out of the game!

This fun-filled evening is a festival favorite and **sells out every year**, so don't wait to reserve your spot. Gather your quilting friends and get ready for a night of games, giggles, and great memories.

Maria is just as excited for the 2027 Mid-Atlantic Quilt Festival as you are—so don't miss out!

Space is limited—sign up early to guarantee your seat at this must-attend event!



Mid-Atlantic Quilt Festival Workshop Catalog

Marianne Fons

VALec106 - Read My Latest Quilt

Lecture & Book Signing - \$20

12 pm, Saturday, March 6

From the nineteenth century forward, a few (but not many) American quilters put their names on their quilts. Some did more than that, embedding their sorrows, sentiments, and messages in their patchwork.

In this entertaining presentation, debut novelist and quilter Marianne Fons takes you on a visual journey from the 1800s to the present, with quilts doing most of the talking. As it turns out, writing a novel is more like making a quilt than one might think.

All Levels



Available at the lecture:

THE DRESSMAKER OF WINTERSET, hardcover novel by Marianne Fons, retail price \$29