

Adele Scott's Westalee Sampler Set Ruler-Work – New, Review and More

Mid-Atlantic Quilt Festival 2026 Workshop – supply list

Sampler day is the perfect new or review for using the versatile Westalee Sampler Set to get working with free-motion quilting rulers. Our workshop will cover basic set-up if needed, trouble-shooting typical problems and how to create many design options with your 6-piece Sampler Set. We'll have additional designs beyond the Janet Collins Book for returning students, so everyone can learn new designs including creating 12" block combinations. [also small projects for advanced students with my OK]

Because this is a "New or Review" class – you'll work at your own level with the Sampler Set [or other rulers discussed with Adele] – learn the basics or sharpen your skills - You'll learn about basic design, create combined designs, how to audition and decide placement, and if ready, joining quilted sections with the easy and useful SashLee method. Note: Less experienced quilters might want to work on sample "sandwiches" first, more experienced quilters can work on their own project, after discussing it with Adele.

We will have most of these items below at our vendor booth, but letting us know ahead of the class which required items you need will allow us to make sure you have them in time.

Supplies: The Ruler foot , 6-piece Sampler and a flat extension table [or portable table etc. to give a flat surface around your machine] are required. The other items below will make things easier, quicker and more enjoyable. The [Westalee Beginner Essentials Kit](#) was created for those starting out and includes all the recommended Westalee items plus free online education! E-mail with any questions. asds@adelescott.com

I've added hotlinks so you can click on items to see what they look like and the prices, if needed. **Required items highlighted in teal** *asterisked items available at www.AskAdele.com

- Your **best sewing machine with foot control and accessories and manual** – make sure your machine has been cleaned and is in good running condition before class.
- * **Ruler Foot** for your model of machine [required] [Westalee Exclusive Ruler Foot Starter PKG](#) [included in the Beginner Essentials Set] [Bernina owners –purchase the #72 foot [from your Bernina dealer] ***If you don't have any rulers or ruler foot yet please call or email me so we can figure out what type you'd need and to make sure you'll have them in time for class.
- * **6-piece [Westalee Sampler Set](#) of rulers [required]**
- * [Westalee 12 Arc Starter Template](#) [recommended, and included in the Essentials Kit] for outline, grids, straight line work etc.
- * [Janet Collins Ruler Quilting Design book](#) [it's a CD in some older work kits] [recommended]
- **Slider or *[Grid Glider](#)** sheet to move your fabric more easily [recommended]
- ** **[Plexi-glass quilters table, or included machine table \[required\]](#)** if it's flat and level to machine arm, or cabinet [if you have a cabinet at home but not a portable table let me know.]

****Sew Steady Tables need to be ordered 3 weeks ahead, so plan accordingly.** [Sew Steady Table options](#)

Contact me for Mid-Atlantic Sew Steady table Specials we'll get you ahead of the show.

- * [Schmetz Topstitch 90/14](#) or [Schmetz Chrome Quilting Needle 90/14](#) [have several available and a new one in your machine]
- *“grippy” fingertips or gloves [optional but helpful]
- Highly recommended ***Westalee Crosshair** marking ruler [either 8” or 12” size, 8-Point version] [Cross Hair Options](#) Beginner Essentials or Work Kits include this.
- **All-purpose polyester thread** or good-quality **50w cotton** – have several colors, types if you have: not too dark.
- ***Fabric markers** that will show on your choice of fabric colors and fit in crosshair slots. Some of my favorites are - [Chakoner and Iron off refill chalk](#), [Quilters Select Self-Erase Purple Marker](#), [Bohin Mechanical Pencil](#) , [Magic Chalkliner White With Brush Eraser](#)
- **At least 6 fat-quarter sandwiches** –Six if you want to keep a separate sample of each of the six rulers’ designs, probably less if you want to fill a fat quarter then move on.

Approx. “fat-quarter sized [18”x22”] sandwiches” should be:

1. For the top fabric choose a **solid appearing, med/dark color** so you can see the ruler’s white lines.
2. For the middle, use a **cotton batting** or cotton/blend.
3. For the backing, use **any cotton print** you want to use up.

Additional Prep:

- Everyone will receive a questionnaire on your past ruler-work experience, a guide for Stable tape placement and a set-up check list by January, or as you sign up later. Please let me know if you don’t receive this.
- Press fabric and batting layers together with a steam iron, if possible – **NO basting spray, safety pins or other “basting” needed.**
- **Very Important! - A thick firm cushion to sit on will bring you to a better height or even better an adjustable height chair or tall stool] Elbows, at rest, should be at machine table height or higher!**

Prep: 1. Wind several bobbins.

2. Make sure to clean the lint from your machine.

3. Make sure you have a new 90/14 *topstitch or quilting needle* in your machine.

4. Please spray *Grippy* or cut little ½” pieces of [Stable Tape](#) and place on your ruler back corners. Stable tape comes in most Westalee ruler packages. See my placement guide.

Email with any questions – asds@adelescott.com