

## Adele Scott's Mid-Atlantic Quilt Show's Ruler Work Workshop – supply list

This day is the perfect **new or review**, we'll use the versatile Westalee Sampler Set for those just starting and more experienced quilters can also bring what they own. Our workshop will cover basic set-up as needed, trouble-shooting typical problems and how to create many design options with your 6-piece Westalee Sampler Set. And we'll have **additional designs for returning/ experienced students**, so everyone learns new designs. [If you have a long-arm and need to borrow a machine &/or rulers to take this class let me know.] Experienced ruler-work students can work on a project with teacher approval.

**Supplies:** **The Ruler foot, 6-piece Sampler and an extension table are required.** The other items below will make things easier, quicker and more enjoyable. [Note: The [Westalee Beginner Essentials Kit](#) was created for those starting out and include many of the recommended Westalee Items including the ruler foot.] E-mail with any questions. [asds@adelescott.com](mailto:asds@adelescott.com)

I've added hotlinks so you can click on items to see what they look like and the prices, if needed. **Required items highlighted in teal** \*asterisked items available at [www.AskAdele.com](http://www.AskAdele.com)

- Your best sewing machine – make sure your machine has been cleaned and is in good running condition before class. I can help to bring in the heavier machines. If you have a long-arm but want to attend class, contact me. Don't forget your foot control and machine manual!
- \***Ruler Foot for your model of machine [required]** [Westalee Exclusive Ruler Foot Starter PKG](#) or foot only. Many brands now make ruler feet for their machines. Bernina owners – you'll need an adaptor to use the Sew Steady foot [we have these adaptors] or purchase the #72 foot [from your Bernina dealer]. Email me to discuss your options, sometimes there are benefits from the branded foot versus the Westalee version.

**\*\*\*If you don't have any rulers or ruler foot, please call or email me so we can figure out what type you'd need and to make sure you'll have them in time for class.**

- \* **6-piece [Westalee Sampler Set](#) of rulers [required]**
- \* [Westalee SashLee Quilt Template - large](#) ruler or [Westalee SashLee Quilt Template - large](#) [recommended] for outline, grids, straight line work etc.

Note: There's a \* [Westalee Beginner Essentials Kit](#) that includes most of what you need for class in one package that comes with the foot.

- \* [Janet Collins Ruler Quilting Design book](#) [it's a CD in some older work kits] [recommended]
- \*[Grid Glider](#) sheet to move your fabric more easily [recommended]
- \*\* **[Plexi-glass quilters table or included machine table \[required\]](#) if it's flat and level to machine arm or cabinet.**

**\*\* Tables need to be ordered several weeks ahead, so plan accordingly.** [Sew Steady Table options](#) Ask about getting an early show specials for class attendees.

- \* [Schmetz Topstitch 90/14](#) or [Schmetz Chrome Quilting Needle Size 90/14](#) [have several available and a new one in your machine]
- \*“grippy” fingertips or gloves [optional but helpful]
- Highly recommended \**Westalee Crosshair* marking ruler [either 8” or 12” size, 8-Point version] [Cross Hair Options](#)
- All-purpose good polyester thread like Mettler Metrosene or 50w cotton – bring several colors, types if you have: not too dark or blendy.
- \*Fabric markers that will show on your choice of fabric colors and fit in crosshair slots. Some of my favorites are - [Chakoner and Iron off refill chalk](#), [Marvy](#), [Bohin Mechanical Pencil](#), [Frixion Fineliner - asst colors](#)
- **6 approx. fat-quarter sized [18x22] quilt sandwiches – solid, med. to dark colors are best for the top fabric, so ruler white lines show.** Six sandwiches, if you want to keep a separate sample of each of the six rulers’ designs, probably less if you want to fill a fat quarter then move on.
- Small quilt, table runner or quilt section project, if discussed with Adele first to make sure it’ll be a good choice for your level.
- Very Important! - An adjustable height chair, tall stool or a thick firm cushion to sit on will bring you to a better height [**Elbows, at rest, should be at machine table height or higher!**]

Prep: 1. Prepare your quilt sandwiches. Use cotton batting and just use steam to press together and you won’t need any basting, pins etc.

2. Wind several bobbins.
3. Make sure to clean the lint from your machine.
4. Make sure you have a new 90/14 *needle* in your machine.
5. Please spray *Grippy* or cut little ¼” – ½” pieces of [Stable Tape](#) and place on your ruler back corners. Stable tape comes in most Westalee ruler packages. [Ask for the handout on where to place them if you haven’t done this already.]

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